

# PROSPECTUS

## INTERMEDIATE

Pre-medical / Pre-Engineering / ICS/  
F.A. Arts and Humanities / Home Economics

**2024-2026**

**REGULAR & SELF-SUPPORT**



**COLLEGE OF HOME ECONOMICS & SOCIAL SCIENCES**  
**UNIVERSITY OF HOME ECONOMICS LAHORE**

Affiliated with BISE Lahore

OUR  
MOTTO

***BEAUTY IS TRUTH,  
TRUTH BEAUTY***

JOHN KEATS





#### WELCOME TO CHE&SS

- Vice-Chancellor's Message
- Principal's Message
- Our Values
- Our Legacy
- Future Prospects



#### ADMISSION GUIDELINES AND RULES

- Pre-Requisites
- Reserved Seats
- Documents Required
- Payment of Dues
- Fee Concession



#### SCHEME OF STUDIES

- Pre-Medical Group
- Pre-Engineering Group
- ICS Group
- Home Economics Group Class-XI (PART I)
- Home Economics Group Class-XII (PART II)
- Humanities Group
- Arts and Humanities, Humanities Group



#### CO-COORDINATORS

- Faculty of English
- Faculty of Home Economics
- Faculty of Sociology & Social Sciences
- Faculty of Human Development & Family Studies
- Faculty of Nutrition & Health Promotion
- Faculty of Fine Arts
- Faculty of History and Pakistan Studies
- Faculty of Islamic Studies



#### LIFE AT CAMPUS

- Conduct and Discipline
- Dress Code
- Co-curricular Activities
- Sports
- Cafeteria
- Health Services
- Counseling
- Laboratories
- Library
- Transportation

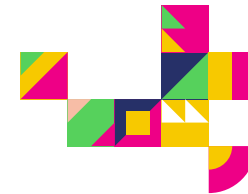


## VICE-CHANCELLOR'S MESSAGE

University of Home Economics welcomes you to College of Home Economics and Social Sciences a hub of transformative journey where dedication meets excellence. With the legacy of FA Home Economics, now we are extending our intermediate programs including FSC Pre-Medical, FSC Pre-Engineering, ICS, FA Arts and Humanities & FA Home Economics.

I extend my warm welcome to all the students and promise a nurturing and motivating environment and a conducive culture of inclusivity, creativity and diversity. I wish you best of luck and hope that you have a wonderful academic year ahead.

**Prof. Dr. Syeda Faleeha Zahra Kazmi**



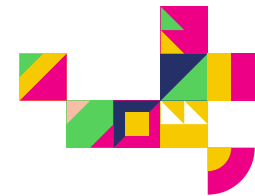


## PRINCIPAL'S MESSAGE

Dear Students,

I welcome you all to the College of Home Economics and Social Sciences. This College offers a unique opportunity in providing ideal education and environment for the development and enrichment of latent faculties of the students for their individual as well as collective uplift. This is the only institute which has fully equipped state-of-the-art laboratories. We strive to achieve excellence through dedicated and modern programs of learning on and off campus. In addition to academic excellence, various clubs and societies exist to promote and ensure the overall development of our students. On behalf of my staff, I look forward to having you on-board for your academic endeavor.

**Dr. Asmaa Bilal**





# OUR VALUES

In 1955, the College of Home and Social Sciences was established as an affiliated college of the University of the Punjab with the efforts of Begum Rana Liaqat Ali Khan and the Education Department, Pakistan. Ford Foundation, USA also assisted by providing advisors and scholarships for teachers' training in the field of Home Economics in the United States. The college had a partnership with Oklahoma University, USA to assist in curriculum development and teachers' training. From 1955 to 1960, the college offered B.Sc., M.Sc., B.Ed., and CT programs. In 1968, the name was changed to College of Home Economics. The government of the Punjab reconstituted Government College of Home Economics as University of Home Economics Lahore on 19th April, 2017. College of Home Economics and Social Sciences has been established as constituent college of University of Home Economics Lahore on 18th June, 2021 to continue its legacy of providing quality education.



## OUR LEGACY

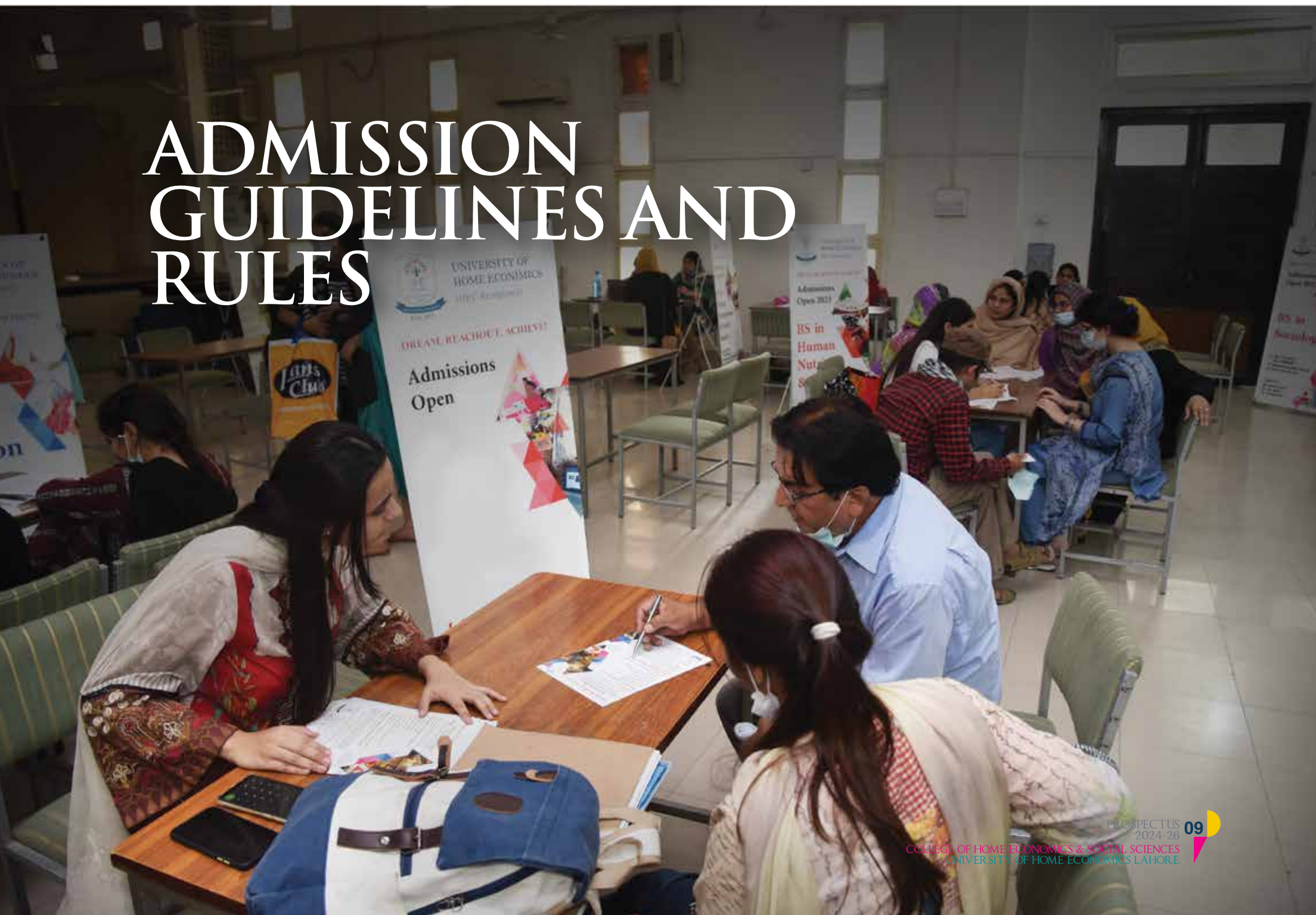


# FUTURE PROSPECTS

Our intermediate students delve into a comprehensive array of disciplines including Science, Engineering, Computer, Arts & Humanities & Home Economics. Through these Diverse subjects Students cultivate practical skills, essential modern life. Science & Engineering foster critical thinking which digital literacy and technical proficiency Computer equip students studies. Art and Humanities encourages creativity and self expression. While Home Economics imparts valuable life scales such as nutrition, clothing and home management. These programs empower students to make informed decision.



# ADMISSION GUIDELINES AND RULES



- The admission form can be downloaded from the University website <https://uhe.edu.pk/>.
- Applicants must submit separate admission forms dully filled for each category i.e., Open Merit & Reserved Seats.
- Applicants holding the Hifz-e-Quran certificate will be given 20 additional marks on passing the test.
- The name of the program i.e., Intermediate Home Economics must be written on top left corner of envelope.
- Original IBCC Certificate and Migration Certificate in case of other board than BISE Lahore is compulsory. Or else the candidate will be responsible for her registration and admission with BISE, Lahore.
- The admission form can b accessed from university's website (mention website).  
Students are requested to fill online admission form, download the filled copy from their email and submit hard copy along with all required document to the university via courier, in person or registered post on the following address:  
**Principal office, College of Home Economics and Social Sciences , University of Home Economics, Dr. Mateen Fatima road, Gulberg, Lahore**

**Note:**

- Read all instructions carefully, Incomplete application in any regard shall not be entertained
- For any queries, email at

**[chess@uhe.edu.pk](mailto:chess@uhe.edu.pk)**

**Contact: 0325-0449671**

**Admission processing fee for Regular (Open Merit & Reserved Seats) is Rs. 800**

**Admission processing fee for Self-Support is Rs. 1500**

- Extra Curricular
- Foreign Students
- Daughter of Overseas Pakistanis
- Daughter of Martyrs
- Religious Minorities
- Disabled Persons
- Sindh, KPK, Baluchistan, GB & AJK

# RESERVED SEATS

## Important Notes for Applicants:

- Applicants who have participated in Inter-school, District, Provincial or National Sports, Qirat, Naat, Debates, Drama and Singing competitions or can play a musical instrument are eligible for admission on the basis of extra-curricular activities. The applicant must provide copies of certificates indicating the same.
- Foreign applicants will come through the Federal Ministry of Education, Government of Pakistan or Higher Education Commission Islamabad.
- Overseas Pakistani applicants will submit their foreign qualification certificate as evidence along with their NICOP or any of the parents.
- For the daughter of the martyr, death certificate attested by the concerned department must be attached.
- Applicants of religious minorities must provide supporting documents.
- Disabled applicants must submit their disability certificates from Social Welfare and Bait-ul-Maal Department, medical reports and any other relevant documents.
- Applicants from Baluchistan, Sindh, KPK, Gilgit Baltistan and Azad Jammu and Kashmir must submit their nominations through the concerned Provincial Government along with the domicile certificate.
- The students applying on the bases of O' Level/equivalent qualification are eligible for provisional admission. The admission will be confirmed upon submission of their complete result (I.e. 8 subjects as per IBCC rules). The university will register them with BISE Lahore only if they fulfill this requirement before the board registration requirement.
- After the closing of registration date if the IBCC original documents are not submitted to the college, the institute will not be responsible for the registration.
- If the candidate has not submitted their original migration certificate before the due date of registration the candidate will be responsible for her admission, the college will not be responsible for the registration.

**Three (03) sets of attested photocopies of the following documents must be attached with the application form, filled online from University's website and downloaded from email received from UHE.**

- ☑ Matriculation/O Level/Equivalent Certificate
- ☑ Character Certificate issued by the Head of the Institution last attended.
- ☑ Passport-size photographs with white background
- ☑ "B" Form/CNIC of applicant
- ☑ CNIC of Father/Guardian
- ☑ Original Migration Certificate from the concerned Board (except Lahore Board)
- ☑ In case of reserved seats, relevant certificates / supporting document

### **Important Notes for Applicants:**

- All documents mentioned above, in original, of the admitted students, shall be examined at the time of depositing the dues.
- Incomplete applications shall not be entertained.
- In case of any discrepancy in application, the admission shall be cancelled.

# DOCUMENTS REQUIRED

- Merit Lists of the selected candidates will be placed on the University of Home Economics website and college Notice Board
- Fee Challan will be downloaded from University Website.
- Yearly dues including Board registration and admission fee will be charged at the time of Admission.
- The fee will be deposited in the University's bank account, mentioned in the challan form
- To secure admission, all dues must be deposited within the prescribed date.
- The admission will be cancelled, if dues are not deposited by the due date. Vacant seats will be filled by the candidates on the waiting list.
- However, special permission by the Admission Committee may be granted in case of the availability of vacant seats.

**Note:**

- **All information regarding merit lists, fee deposit dates, date of commencement of classes and other related information will be announced and regularly updated by the University Authorities on the website.**

# PAYMENT OF DUES

- 100% tuition fee concession will be given to the Hafiz-e-Quran applicants.
- 100% tuition fee concession will be given to the Top-3 position holders of BISE, Lahore.
- 50% tuition fee concession will be given to the 4th to 10th position holders respectively in matriculation results of BISE, Lahore.
- 50% tuition fee concession will be given on a kinship basis to one of the real sisters of a regular student of UHE



# FEE CONCESSION

# GRPOUPS



# PRE- MEDICAL GROUP

Sr.	Code	Subject	Part-I	Part-II	Practical
I	6002	Urdu / Pakistani Culture (Foreign Students only)	100	100	
	6006				
II	6001	English	100	100	
III	6092	Islamic Education OR Religious Education (For Non-Muslims)	50		
IV	6093	Translation of the Holy Quran / Ethics / Civics (For Non-Muslims)	50	50	
V	6091	Pakistan Studies		50	
VI	6046	Biology	85	85	30
VII	6047	Physics	85	85	30
VIII	6048	Chemistry	85	85	30
			555	555	90
<b>Total Marks:</b>			<b>1200</b>		



# PRE- ENGINEERING GROUP

Sr.	Code	Subject	Part-I	Part-II	Practical
I	6002	Urdu OR Pakistani Culture (Foreign Students only)	100	100	
	6006				
II	6001	English	100	100	
III	6092	Islamic Education	50		
		OR Religious Education (For Non-Muslims)			
IV	6093	Translation of the Holy Quran / Ethics / Civics (For Non-Muslims)	50	50	
V	6091	Pakistan Studies		50	
VI	6019	Mathematics	100	100	
VII	6047	Physics	85	85	30
VIII	6048	Chemistry	85	85	30
			570	570	60
<b>Total Marks:</b>			<b>1200</b>		

# ICS GROUP

Sr.	Code	Subject	Part-I	Part-II	Practical
I	6002	Urdu	100	100	
	6006	OR Pakistani Culture (Foreign Students only)			
II	6001	English	100	100	
III	6092	Islamic Education OR Religious Education (For Non-Muslims)	50		
IV	6093	Translation of the Holy Quran / Ethics / Civics (For Non-Muslims)	50	50	
V	6091	Pakistan Studies		50	
VI	6019	Mathematics	100	100	
VII	6018	Statistics	85	85	30
VIII	6083	Computer	85	85	30
			570	570	60
<b>Total Marks:</b>			<b>1200</b>		

# HOME ECONOMICS GROUP CLASS-XI (PART I)

Sr.#	Code	Subject	Theory	Practical
I	6002	Urdu OR Pakistani Culture (Foreign Students only)	100	
	6006			
II	6001	English	100	
III	6092	Islamic Education OR Religious Education (For Non-Muslims)	50	
IV	6093	Translation of the Holy Quran / Ethics / Civics (For Non-Muslims)	50	
V	6073	Biology	35	15
VI	6074	Chemistry	35	15
VII	6076	Home Management	85	15
VIII	6076	Clothing & Textile	85	15
<b>Total Marks:</b>			<b>600</b>	

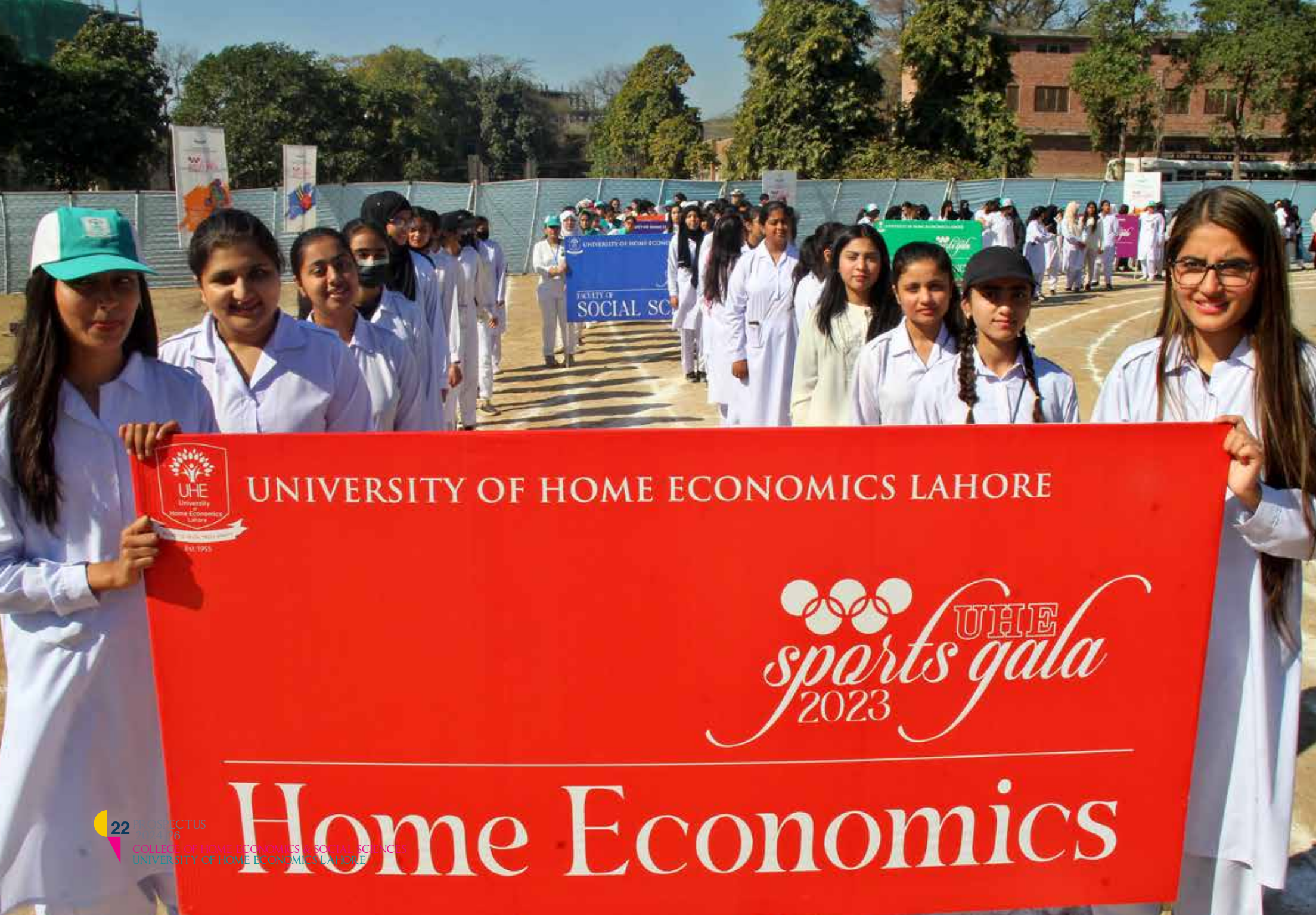
# HOME ECONOMICS GROUP CLASS-XII (PART II)

Paper	Code	Subject	Theory	Practical
I	6002	Urdu OR Pakistani Culture (Foreign Students only)	100	
	6006			
II	6001	English	100	
III	6091	Pakistan Studies	50	
III	6093	Translation of the Holy Quran / Ethics / Civics (For Non-Muslims)	50	
IV	6072	Applied Arts	85	15
V	6077	Food & Nutrition	85	15
VI	6078	Child Development & Family Life	85	15
<b>Total Marks:</b>			<b>600</b>	

# ARTS AND HUMANITIES GROUP

Sr.#	Code	Subject	Part-I	Part-II
I	6002	Urdu / Pakistani Culture (Foreign Students only)	100	100
	6006			
II	6001	English	100	100
III	6092	Islamic Education OR Religious Education (For Non-Muslims)	50	
IV	6093	Translation of the Holy Quran / Ethics / Civics (For Non-Muslims)	50	50
V	6091	Pakistan Studies		50
		Elective 1	Elective 2	Elective 3
Group 1		Fine Arts (6023)	Psychology (6016)	1. English Elective (6027) 2. Punjabi (6032) 3. Persian (6034) (Choose any 1)
Group 2		Sociology (6045)	1. Psychology (6016) 2. Health and Physical Education (6042) (Choose any 1)	1. English Elective (6027) 2. Punjabi (6032) 3. Persian (6034) (Choose any 1)

**Note:** Students are requested to choose any one group.



UNIVERSITY OF HOME ECONOMICS LAHORE

 **UHE**  
*sports gala*  
2023

Home Economics

# CO-COORDINATORS



**Dr. Faryal Abdullah**  
Head of the Department

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Coordinator Intermediate  
Science Group  
(Pre-Medical, Pre-Engineering)



**Dr. Aniq**  
Lecturer

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Coordinator Intermediate  
Computer Group (ICS)



**Dr. Samina Zaheer**  
Head of the Department

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Coordinator Intermediate  
Fine Arts Group



**Ms. Bisma Laeeque**  
Lecturer

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Coordinator Intermediate  
Home Economics Group



**Dr. Tayyaba Sohail**  
Head of the Department

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Coordinator Intermediate  
Arts & Humanities Group  
(Languages)

# DEPARTMENT OF ENGLISH

## **Ms. Mashal**

In Charge English Department

Ms. Mashal has been part of the English Department UHE since 2021. She is a Ph.D. scholar and has done her M.Phil. in English Language and Literature from LCWU. Her area of research comprises of Philosophy of Aesthetics, Postcolonial textual Interpretations, Politics of religion in Middle Eastern contrapuntal literature, Psychodynamic Textual Deconstruction of literary texts, Translation studies of World Literature and Adaptation studies.



## **Ms. Kainat Khalid**

Lecturer

Ms. Kainat has her M.Phil. in Applied Linguistics from Kinnaird College. She has six years of experience teaching at COMSATS University Lahore and joined the Teaching faculty of UHE in 2022. She is also the Focal Person of Career and Placement Center and a member of the Library Advisory Committee. Her interests are Research Methodology, Post-Colonial Literature, Bilingualism, and Lexicology.



## **Ms. Sulaim Sarfraz**

Lecturer

Ms. Sulaim Sarfraz has her M.Phil. in English Literature from The University of Punjab and B.A. Hons from Kinnaird College for Women. She joined the Teaching faculty of UHE in 2022. She is a scholar of English literature with research publications in international and national academic journals such as Journal of South Texas English Studies, U.S.A. Her research interests include Ecocriticism, Gender Politics, Ecofeminism and Postcolonial Studies.



## **Ms. Syeda Aiza Imran**

Lecturer

Ms. Aiza has her M.Phil. in English Language and Literature from LCWU. She has been part of our BS Teaching Faculty. Her area of research focuses on Post Humanism Studies, Disability studies under Medical Humanities in Literature, Psychodynamic study of Post-Colonial Subjectivity, Screen Literature, Theology, and Astro-theology in the context of the South Asian tradition of Mythologies.



## **Ms. Laiba Butt**

Lecturer

Ms. Laiba Butt is a gold-medalist from the University of the Punjab. She completed her M.Phil. in Applied Linguistics from Kinnaird College for Women in 2021. She is a versatile researcher and scholar in her focal field. Her field of research is based upon Corpus Linguistics, Critical Discourse Analysis, and Sociolinguistics.





# DEPARTMENT OF HOME ECONOMICS

## **Ms. Bisma Laeeque**

Lecturer

Bisma Laeeque, Lecturer Home Economics has completed her MPhil with specialization in Interior design. She secured gold medal in MPhil and Bs both. Her research work focuses on hygiene of built environment and acoustics.



## **Ms. Samara Shahid**

Lecturer

Samara Shahid is a Lahore based artist who is also working as Lecturer Fine Arts in the University of Home Economics. She completed her M.Phil. in Art and Design from University of the Punjab PUCAD in 2019 and bachelor's in fine arts from Lahore College for Women University in 2016 with Gold Medal and distinction. She has participated in various group shows in well-known art galleries of Pakistan including Ejaz Art Gallery, Zulfi's Art Gallery, Coopera Art Gallery, AnnaMolka Art Gallery, Alhamra Art Gallery, Pakistan Art Forum and Art Chowk the Gallery & Muse Art Gallery etc.



## **Ms. Rabia Azhar**

Lecturer

Rabia Azhar is a PhD scholar at Institute of Business Administration, Punjab University. She completed her M.Phil. in Business Administration with double majors in Marketing and Human Resource Management from Kinnaird College for Women in 2018 and MBA in marketing from Kinnaird College for Women. Her area of interest is Industrial Revolution 4.0. How businesses transform and modify in today's competitive world to cope with the change wave for their survival. She has participated in various international conferences.



## **Ms. Saher Jamil**

Lecturer

Saher Jamil khan is a Lahore based Sculptor & Ceramist. Graduated with Distinction from Lahore College Women University (LCWU), Lahore Pakistan in 2012. She did her master's in fine arts, Major Sculpture from Punjab University College of art and design in 2015. From 2015 to 2017 she worked on contract in government post graduate college for women Samanabad, Lahore.



# DEPARTMENT OF SOCIOLOGY & SOCIAL SCIENCES

## Dr. Tayyaba Sohail

Head of the Department

Dr Tayyaba Sohail is an Assistant Professor, in charge of the Department of Sociology and Gender Studies at the University of Home Economics. She contributed to developing and designing the programs of BS Sociology, BS Social Work, M.Phil Sociology and PhD Sociology at UMT. During her tenure at LUMS, among others, she led two prime projects in the field of gender and health, funded by the David and Lucile Packard Foundation.



## Dr. Iram Rubab

Assistant Professor

Dr. Iram Rubab, an HEC approved supervisor, is Assistant Professor of Sociology and Gender Studies. She also holds the offices of In-charge Student Affairs and In-charge Women Development Centre at UHE. In terms of research, she is focused on women rights in Pakistan, particularly in the domains of law, feminist research methods, and socio-cultural empowerment. She worked as a Gender Specialist with CHRS for over eight years and brings this field expertise in supplementing student learning and research driven education.



## Ms. Humaira Tehsin

Lecturer

Ms. Sulaim Sarfraz has her M.Phil. in English Literature from The University of Punjab and B.A. Hons from Kinnaird College for Women. She joined the Teaching faculty of UHE in 2022. She is a scholar of English literature with research publications in international and national academic journals such as Journal of South Texas English Studies, U.S.A. Her research interests include Ecocriticism, Gender Politics, Ecofeminism and Postcolonial Studies.



## Ms. Shafaq Javaid

Lecturer

Shafaq Javaid has an undergraduate degree in Sociology and English Literature from Forman Christian College, Lahore, and a graduate degree in Social Research with an emphasis on gender and marginalization from the University of Sheffield, UK. She is the recipient of the University of Sheffield's International Merit Postgraduate Scholarship and the Fulbright Postgraduate Scholarship. Her research interests include women's (spatial) mobility in South Asian public spaces, sexuality and marginalization, and the politics of why loiter.



## Ms. Zarnish Hussain

Lecturer

Zarnish Hussain has done her Masters and M.Phil in Sociology from the University of the Punjab in 2016. Her research interests include social change, medical sociology, sociology of religion and sexual and reproductive rights and justice. She believes that education can be used as a strong medium to transform lives and enlighten young minds. She is currently working as a Lecturer of Sociology and Gender studies at the University of Home Economics, Lahore.



## Ms. Bushra Tabassum

Lecturer

Ms. Bushra Tabassum is currently serving as a Lecturer of Sociology at the University of Home Economics, Lahore. She has completed her M.phil. (Sociology) and BS Hons. (Sociology and Sociocultural Studies) from the Institute of Social and Cultural Studies at the University of the Punjab, Lahore. Her research focuses on disability, cultural and developmental studies, social entrepreneurship, and feminism and marginalization.



# DEPARTMENT OF HUMAN DEVELOPMENT & FAMILY STUDIES

## **Dr. Ayesha Sarfaraz**

Incharge



Dr. Ayesha Sarfaraz is currently working as an Assistant Professor of Psychology at the University of Home Economics. She received her PhD in Organizational Psychology from Beaconhouse National University, M.Phil in Psychology from Government College University (GCU) and Masters in Applied Psychology from University of the Punjab, Lahore. Her areas of expertise include Organizational Psychology, Organizational Behavior, Social Psychology, Research Methods and Statistical Analysis of Behavioral Data.

## **Dr. Ayesha Khalid**

Assistant Professor



Dr Ayesha Khalid has done PhD in Psychology (GCU Lahore) and MS Social-Science Research (University of Bristol UK). She has 13+ years' experience of teaching Psychology and research at post-Graduate levels in Pakistan and worked as Research Officer in University of Bristol UK. Her research interests include social and cultural transitions; individualism/collectivism; marriage decisions and partner selection choices.

## **Ms. Andleeb Zehra**

Lecturer



Ms. Andleeb Zehra is currently doing her PhD in Special Education from the University of Management and Technology, Lahore. She has done M Phil in Human Development & Family Studies from University of Home Economics, Lahore. She has several publications in International as well as local Journals. Her research interest focuses on Children with Special Needs, Child Development, Early Childhood Education and Child Protection.

## **Ms. Rabia Khalid**

Lecturer



Ms. Rabia Khalid has done MS in Speech Language Pathology (Riphah International University Lahore) and MS Human Development (University of Agriculture Faisalabad). She has 6+ years' experience of teaching and also works as a speech language pathologist at Punjab Medical Center Lahore. Her research interests include speech & language delay; stammering; parenting styles & academic achievements/success among different age groups.

## **Ms. Yamna Zulfiqar**

Lecturer



Ms. Yamna Zulfiqar has done M.Phil in Home Economics with specialization in Human Development and Family Studies from Agricultural University Faisalabad and BS honors in Home Economics from University of Punjab. She has 3 years' experience of teaching in Higher Education. Her research interests include Psychological and Social well-being, School system of early education.

# DEPARTMENT OF NUTRITION & HEALTH PROMOTION

## **Dr. Wahab Ali Khan** Assistant Professor

Dr. Wahab Ali Khan (Ph.D. Food Technology) has developed expertise in Food Fortification, Functional and Nutraceuticals. He worked in Punjab Food Authority, Rutgers University, USA, GAIN, University of Agriculture-Faisalabad. He published research articles, book chapters, manuals, and presented his research at international conferences. He received Gold Medal and other awards.



## **Dr. Syed Abdul Wadood** Assistant Professor

Dr. Syed Abdul Wadood has earned Ph.D in Food Science with distinction from Institute of Food Science and Technology, Graduate School of Chinese Academy of Agricultural Sciences, China. His research mainly focused on food traceability and authenticity using modern analytical techniques including ICP-MS, IR-MS, GC-MS, NIR, etc. Moreover, he has published 14 SCI indexed articles in top ranked journals (IF = 54).



## **Dr. Abbas Khan** Assistant Professor

Dr. Abbas Khan (Ph.D. Postdoc) has earned his Ph.D. from Jilin University. His area of expertise is Food and Nutrition Nanotechnology in treatment of cancer disease. He has 4.5 years of experience in academia and 3 years as a Health and Nutrition officer in different public and private sectors. Moreover, he has published more than 19 research articles in well reputed international journals (SCI indexed).



## **Dr. Aiza Qamar** Assistant Professor

Dr. Aiza Qamar (Ph.D. in Food and Nutrition) has earned her degree from Government College University, Faisalabad. Her area of expertise is Diet-based strategy for disease prevention, nutraceutical & natural product bioavailability, and metabolism. She has more than 3 years of experience in academia and served as Dietitian for the last 3 years. Moreover, she has published 10 research articles in well reputed National and International journals.



## **Dr. Imranullah Shah** Assistant Professor

Dr. Imranullah Shah (Ph.D. in Nutrition and Food Hygiene) from College of Public Health, Harbin Medical University. His area of expertise is Human Nutrition Clinical Nutrition, Public Health Nutrition, Diabetes, Metabolic Syndrome, Insulin Resistance and Insulin Sensitivity. He has more than 4 years of experience in academia, Clinical and public Sector Organizations. Additionally, He has published more than 10 research articles in well reputed National and International journals (SCI Indexed).



## **Ms. Kiran Islam** Lecturer

Ms. Kiran Islam has done M.Phil in Food and Nutrition and secured 2nd Position from University of the Punjab. She has 2 years of experience in Academia & 2 years of experience in a hospital setting. Her research is focused on nutritional assessment, finding determinants and management of nutritional ailments.



# DEPARTMENT OF NUTRITION & HEALTH PROMOTION

## Ms. Marriam Ali

Lecturer



Ms. Marriam Ali has attained 3rd position in M.Sc (Hons) Food Science & Technology from The University of Agriculture, Peshawar. She is a recipient of USAID merit scholarship. She is a Certified PIC & approved Tutor of Highfield UK Training & Certification from Dubai Municipality. She has worked with WCLA; UNICEF & WFP in a project on CMAM & IYCF Food safety and Swiss consulting company as content writer & participated in several national and international conferences.

## Ms. Ramsha Nasir

Lecturer



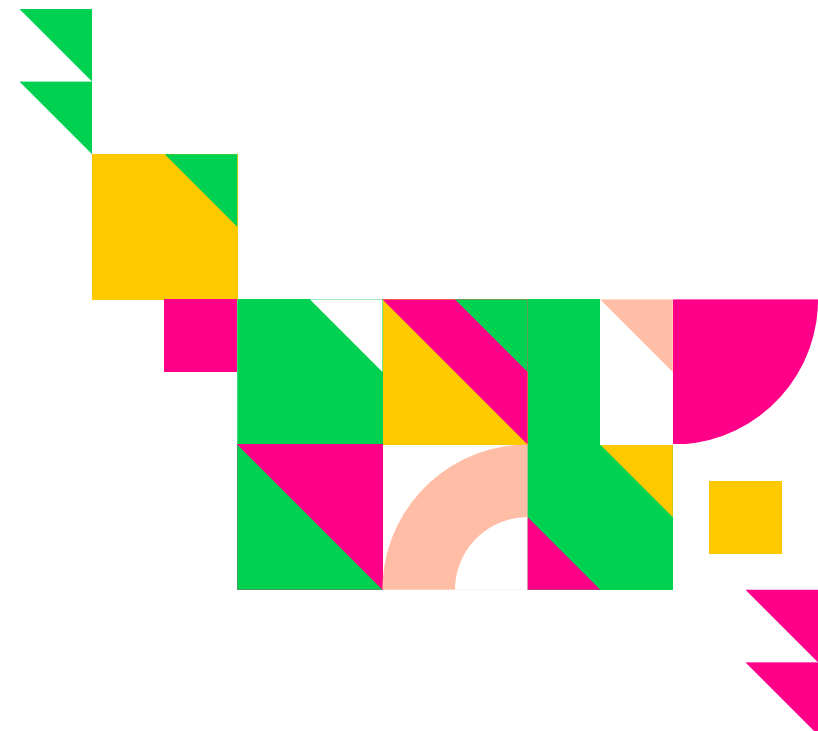
Ms. Ramsha Nasir has 4+ years of prior teaching experience working as a Lecturer in HED. She is a lifetime member of Pakistan Nutrition & Dietetic Society and Nutrition Foundation of Pakistan. She works cooperatively with her peers to achieve shared professional goals.

## Ms. Safeena Amjad

Lecturer



Ms. Safeena Amjad is currently doing her Ph.D. (Clinical Nutrition) from Universiti Sains Malaysia. She has experience of eight years in Academia and more than 10 years of Hospital based Clinical Nutrition as a Registered Dietitian. She has also published her research work in National and International Research Journals.



# DEPARTMENT OF FINE ARTS

## **Dr. Samina Zaheer**

Chairperson / Associate Professor

Dr Samina Zaheer is an enthusiastic researcher and visual artist. She has served several years in art academia. Enormous participation as an artist from national to international is to her credit. Her main focus is to trace out unattended and uncovered local, indigenous and ethnical art forms, calibrated by both local and fine artists of Pakistan. The core interest is to question the identity crises after the hundred years of slavery and breathing in post-colonial time.



## **Dr. Munazza Rashid**

Assistant Professor

She is a visual artist, academic person, sculptor and researcher. She graduated from National College of Arts with a major in sculpture and minor in painting. She did Ph.D. from the University of the Punjab in History of Art and has twenty-five years of teaching experience in the field of Art and Design. She mentored drawing, design, sculpture and history of art in different departments at various institutes including National College of Arts, University of the Punjab and Lahore College for Women University, Lahore.



## **Hajira Ahmad**

Lecturer

Hajira Ahmad graduated from National college of arts Lahore in 2018 with the degree of painting. Hajira got first prize in painting competition in Awan e Iqbal and also got Qaumi zahanat award from the government. Hajira has been actively participating in different galleries ie: Zahoor-ul-ikhlaq gallery NCA, high court art exhibition, Alhamra Lahore, my art world, Taseer Gallery, Oart space & Ejaz Art Gallery. Hajira did residency "The Lens and The Pen" with Tasweerghar.



## **Suffah Naeem**

Lecturer

I have done my bachelor's in fine arts from Punjab University College of Art & Design in 2018. I completed my Masters Fine Arts (Painting) in 2021. My specialization is oil painting. With a constant eagerness to gain knowledge and experience, as well as an eye for visual aesthetics, I am determined to pursue my ambition in art scene by seeking opportunities in new and diverse environments.



# DEPARTMENT OF HISTORY AND PAKISTAN STUDIES

## **Mrs. Sofia Usman**

Assistant Professor

Mrs. Sofia Usman, affiliated with the University of Home Economics since November 2018. She is working as an Assistant Professor. Previously she was appointed as a lecturer at Government Model Town College, D. G Khan on 5-3-2005. She is M.Phil in Political Science and Masters in Pakistan Studies. Her subject of specialization is Pakistan Affairs and Politics of Pakistan.



## **Ms. Isra Sarwar**

Lecturer

Ms. Isra Sarwar has joined Department of History and Pakistan Studies as lecturer since April 2022. Previously she served as a lecturer in University of Lahore. Her area of interest is the Foreign Policy of Pakistan with respect to India, Israel, and US.



## **Ms. Samia Jamshed**

Lecturer

Ms. Samia has joined the Department of History and Pakistan Studies, University of Home Economics as a Lecturer since April 2022. Previously, she has been serving as a Visiting Lecturer at the University of Punjab and Lahore College for Women University, Lahore. Her area of interest is Government and Politics, Local Government, and Constitutional and Political Development in Pakistan.



# DEPARTMENT OF ISLAMIC STUDIES

## Dr. Nomana Khalid

Focal Person

Department of Islamic St. & Oriental learning

Ph.D. Islamic Studies  
2 Gold Medals and 2 Silver Medals in academic career.

Lecturer in Islamic Studies  
Dr Nomana Khalid is head of the department of Islamic studies and oriental learning at university of Home Economics. She has completed her PhD from The University of the Punjab. She has been awarded two gold medals in FA and M.Phil. and two silver medals in matric and master's respectively.



## Ms. Farzana Kahlid

Lecturer in Islamic Studies

M.Phil. Islamic St, Ph.D. Scholar  
Department of Islamic St. & Oriental learning

Ms. Farzana Khalid is a Ph. D scholar in Islamic studies. She has worked in Lahore College for Women University and currently she is working as lecturer Islamic studies in University of Home Economics



## Ms. Tehreem Fatima

Lecturer in Islamic Studies

I have done my bachelor's in fine arts from Punjab University College of Art & Design in 2018. I completed my Masters Fine Arts (Painting) in 2021. My specialization is oil painting. With a constant eagerness to gain knowledge and experience, as well as an eye for visual aesthetics, I am determined to pursue my ambition in art scene by seeking opportunities in new and diverse environments.





# LIFE AT CAMPUS

We are focused on education that is not just confined to the classroom. On our 17 Acres campus, surrounded by lush green lawns and old trees, the campus houses a large playground, auditorium, library, seminar and conference halls besides academic blocks.

We stand for inclusion, tolerance and diversity. The faculty, staff and administration aim to nurture an environment that provides equal opportunities to our students to shine and excel. Our focus is on promoting tolerance, equality, and diversity while fostering an environment of inter-cultural and inter-religious harmony and mutual respect.

Attending an orientation session is mandatory for students. Names of students, who remain absent from classes without intimation to the Principal's Office for a period of 15 Days, will be struck off.

Identity cards will be issued to the students to carry while at campus and produce on demand. Otherwise, they will have to pay Rs.100 as a fine. In case of a card being lost a duplicate card will be issued for Rs. 400 Parent/Teacher meeting will be held in the first week of February.

No student will be allowed to sit in a higher examination without clearing the lower year examination.

As the Intermediate courses are of specialized nature, the students are required, students are required to maintain a minimum of 75% attendance to be eligible for the Final Examination.

The students who take a break during Intermediate Program for a valid reason may resume studies within a period of three years. They shall be readmitted only if the same scheme of studies is in practice. This concession is valid only once in the whole Intermediate Program. Such students shall take the examination in the same Syllabus enforced at that time.

# CONDUCT AND DISCIPLINE

**The students of Intermediate ( Part 1 and Part 2) shall strictly follow uniform rules. The uniform follows as:**

- White cotton shalwar and shirt with sleeves and collar  
Turquoise dupatta Scarves, if worn, should be plain black, white, gray or light pink.
- Turquoise blazer decked with University crest is an essential part of winter uniform.
- Plain black sweaters without any stripes or pattern  
White socks, Black shoes or black joggers.
- Wearing overalls is mandatory for every student during practical classes.
- We highly appreciate parent's co-operation with the University Authorities in maintaining simplicity, neatness and modesty regarding their girl's dress.

## DRESS CODE





Learning is no longer restricted to classrooms and to give students a holistic experience, the Institution provides them with the opportunities to discover and channelize their unique talents. A number of clubs and societies organize various activities, events, competitions, productions, seminars, conferences and more. To name a few, the annual play, fun fair, bonfire, sports day, inter-class/ inter-collegiate debates, posters, flower arrangements, cooking, interior and furniture design competitions provide opportunities to the students to showcase their talents. Seminars on marketing and economics, workshops on plantation, kitchen gardening and self-defense for girls are also held to boost their self-confidence.

## CO-CURRICULAR



An active body is as important as an intelligent mind. The Institution provides students with ample opportunities to participate in sports; indoor and outdoor. Sports help develop physical fitness, confidence, stamina, co-operation, team spirit and leadership skills. Students are encouraged to participate in a variety of sports such as cricket, hockey, badminton, table tennis, athletics etc.

# SPORTS





A newly built Cafeteria adds value to the eating experience by providing quality edibles at subsidized prices. Fast food, snack bars, baked goods, lunch, tea and coffee are all available. This is a hub of student's activity and a convenient space for a light chat and enjoyment. A committee checks and examines quantity, quality and rates of the food.

# CAFETERIA



On the campus a full time doctor is available to provide medical facilities to its students and staff.

# HEALTH SERVICES



Student Counselors are available on campus in order to guide the students regarding their mental health and careers plans.

# COUNSELING





The Institution has modern state-of-the-art Food & Nutrition, Science, Applied Arts, Textile & Clothing, Home Management, IT and Science labs to cater the needs of all kind of subjects offered.

# LABORATORIES



Library provides reading and research material to the students, professors and researchers. The Library contains about 10,000 books by local and foreign authors. A spacious and well-equipped study hall is also available for reading. The present facilities are being upgraded to meet young students' needs and promote academic as well as leisure reading culture.

# LIBRARY



The University provides transport facility for its students and staff. Our buses run on various routes to pick and drop the girls from different areas of Lahore.

# TRANSPORTATION



		<p><b>College of Home Economics &amp; Social Sciences</b> <b>University of Home Economics Lahore</b></p> <p>Gulberg II, Main Boulevard Lahore , Punjab, Pakistan Facebook: HomeEconomicsLHofficial Instagram: UHE_Lahore Twitter: @LahoreUhe Email: chess@uhe.edu.pk Website: www.uhe.edu.pk</p>
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