

## BS Applied Psychology Scheme of Studies 2022-2023

Nature of Course	Course Code	Name of Subject	Cr. Hrs
<b>SEMESTER 1</b>			
CORE –I	ENG - 101	English Reading and Writing (I)	3(3+0)
CORE-II	PS - 100	Pakistan Studies	2(2+0)
GEN-I		Choose anyone from the list	3
GEN-II		Choose anyone from the list	3
FOUN-I	PSY-101	Introduction to Psychology	3 (3+0)
FOUN-II	PSY- 102	Applied Areas of Psychology	3(3+0)
		<b>Total</b>	<b>17</b>
<b>SEMESTER 2</b>			
CORE-III	ENG-102	English Reading and Writing (II)	3(3+0)
CORE-IV	SC-104	Computer & Information Literacy	3(2+1)
GEN-III		Choose anyone from the list	3
GEN-IV		Choose anyone from the list	3
FOUN-III	PSY-103	Theories of Learning	3(3+0)
FOUN-IV	PSY-104	Developmental Psychology	3 (3+0)
		<b>Total</b>	<b>18</b>
<b>SEMESTER 3</b>			
CORE-V	ENG-201	Soft Skills and Emotional Intelligence	3(3+0)
CORE-VI	IS-200 IS-201	Islamic Studies OR Ethics	2 (2+0)
CORE-VII	PSY 201	Statistics in Psychology	3(3+0)
GEN-V		Choose anyone from the list	3
GEN-VI		Choose anyone from the list	3
FOUN-V	PSY-202	Biological Basis of Behaviour	3(2+1)
		<b>Total</b>	<b>17</b>
<b>SEMESTER 4</b>			
CORE-VIII	ENG -202	Business Communication Skills	3(3+0)
CORE -IX	PSY-203	Quantitative Research Methods	3 (2+1)
GEN-VII		Choose anyone from the list	3
GEN-VIII		Choose anyone from the list(Entrepreneurship and Marketing)	3
FOUN-VI	PSY-204	Child Psychopathology	3 (3+0)
FOUN-VII	PSY-205	SocialPsychology	3 (2+1)
		<b>Total</b>	<b>18</b>
<b>SEMESTER 5</b>			
FOUN-VIII	PSY-301	Adult Psychopathology	3 (3+0)
FOUN-IX	PSY-302	Theories of Personality	3(3+0)
FOUN-X	PSY-303	Psychological Assessment	4 (3+1)
MAJOR-I	PSY-304	Cognitive Psychology	4 (3+1)

MAJOR-II	PSY-305	Data Analysis and Interpretation using SPSS	3 (2+1)
		<b>Total</b>	<b>17</b>
<b>SEMESTER</b>	<b>6</b>		
MAJOR- III	PSY-306	Positive Psychology	3(3+0)
MAJOR-IV	PSY-307	Environmental Psychology	3 (3+0)
MAJOR-V	PSY-308	Qualitative Research Methods	3(2+1)
MAJOR-VI	PSY-309	Therapeutic Interventions	3 (3+0)
MAJOR-VII	PSY-310	Ethics and Professional Issues in Psychology	3 (3+0)
MAJOR-VIII	PSY-311	Psychology of Gender	3 (3+0)
		<b>Total</b>	<b>18</b>
<b>SEMESTER</b>	<b>7</b>		
MAJOR-IX	PSY-401A	Thesis/ Research Project (I) Or (any one course)	3 (0+3) 3(3+0)
MAJOR-X	PSY-402 A PSY-403A PSY-404 A	<b>Area of Specialization I (Choose any one)</b> Industrial and Organizational Psychology I Clinical and Counseling Psychology I School and Educational Psychology I	3(3+0)
MAJOR-XI	PSY-405	Cross Cultural Psychology	3(3+0)
ELEC-I		Choose from the List of Electives	3
ELEC-II		Choose from the List of Electives	3
		<b>Total</b>	<b>15</b>
<b>SEMESTER</b>	<b>8</b>		
MAJOR-IX	PSY-401B	Thesis/ Research Project (II) Or (any one course)	3 (0+3) 3(3+0)
MAJOR-XII	PSY-402 B PSY-403 B PSY-404 B	<b>Area of Specialization II (Choose any one)</b> Industrial and Organizational Psychology II Clinical and Counseling Psychology II School and Educational Psychology II	3(3+0)
MAJOR-XIII	PSY-406	Internship and Report Writing	3(0+3)
ELEC-III		Choose from the List of Electives	3
ELEC-IV		Choose from the List of Electives	3
		<b>Total</b>	<b>15</b>
		<b>Total Credit Hours</b>	<b>135</b>

\*Quran Studies is mandatory in all semesters, it's a noncredit course based on Pass/Fail evaluation.

<b>List of Elective Courses (Electives within the Major)</b>		
<b>Course Code</b>	<b>Title of Course</b>	<b>Credit Hours</b>
PSY-407	Peace Psychology	3(3+0)
PSY-408	Sports Psychology	3(3+0)
PSY-409	Health Psychology	3(3+0)
PSY-410	Forensic Psychology	3(3+0)
PSY-411	Disaster & Trauma Management	3(3+0)
PSY-412	Neuropsychology	3(3+0)
PSY-413	Career Counseling	3(3+0)

**List of General Courses (to be offered to other departments)**

<b>Course Code</b>	<b>Title of Course</b>	<b>Credit Hours</b>
PSY-101	Introduction to Psychology	3 (3+0)
PSY- 102	Applied Areas of Psychology	3(3+0)
PSY-103	Theories of Learning	3(3+0)
PSY-104	Developmental Psychology	3 (3+0)
PSY-202	Biological Basis of Behaviour	3(2+1)
PSY-205	Social Psychology	3 (2+1)
PSY-307	Environmental Psychology	3 (3+0)
PSY-311	Psychology of Gender	3 (3+0)
PSY-405	Cross Cultural Psychology	3(3+0)