66 My mission is to create an equitable environment in which our faculty and graduates are motivated to excel in an interactive learning process to

disseminate knowledge, and to produce high-quality research.

Furthermore, to empower young women by providing opportunities for personality development, digital fluency, and lifelong learning to better serve their communities.

— **Prof. Dr. Kanwal Ameen**Vice-Chancellor

A Journey of **Transformation** From College to University **Annual Reports**

Fusing Tradition with Innovation and Equity





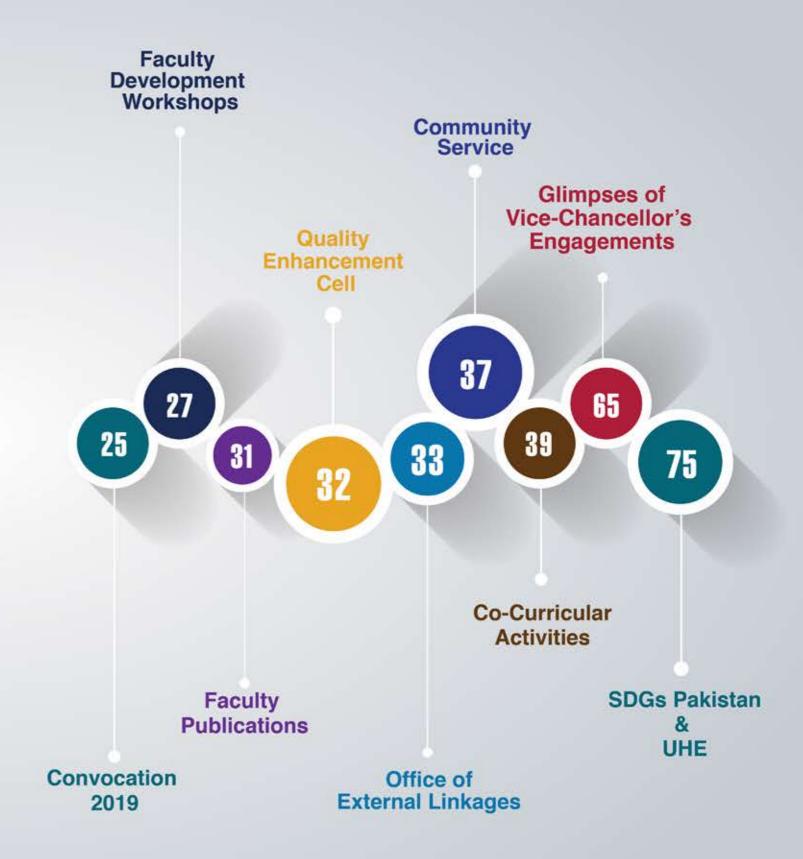
June 2019 to June 2021













Being the Founder Vice-Chancellor of the University of Home Economics Lahore, it is my privilege to share progress in transforming this historical and unique public college into a university and coming up with a roadmap based on the fusion of its rich traditions with innovation, equity, and diversity. I have been a strong proponent of having academic excellence and equity in our educational institutions. The present position has given me an opportunity to gear up all my energies towards the achievement of these aims by playing my role in creating a just environment for all, without any compromise, and rendering quality education and research along with character building, professional development and community services which are closely related to SDGs.



Prof. Dr. Kanwal Ameen Vice - Chancellor University of Home Economics Lahore

This report mentions briefly the major initiatives taken in the first fiscal year from 2019 to 2020 in every possible direction with very limited human and financial resources to make our mark first on the national horizon. It included rebranding its image as a university, administrative and financial governance, financial management and transparency, rule of law and merit, contribution to the community welfare, harmony on campus, inclusive policies, and much more.

Unfortunately, soon after taking charge as the founding vice-chancellor, the eruption of COVID pandemic caused unprecedented situations at all levels including enforcing the closure of on-campus academic and administrative activities. However, we manage to continue academic classes and administrative meetings in an online environment by taking measures on a war footing basis despite our meager human and financial resources as a nascent institution.

To sum up, the institution just took off as a university and has a long way to go, particularly regarding high-quality academic growth and research productivity. We got established all statutory bodies and adopted statutes and policies to run the university as per the rules of the Higher Education Commission, Pakistan, and the Government of Punjab.

Needless to mention that without the commitment and cooperation of the existing faculty, staff, our statutory bodies, offices of HEC, Punjab HEC, HED, Finance Department, Law Department, and prestigious forum of Syndicate, this journey will lead to nowhere close to our mission.

Amidst all the challenges, I pledge to build this higher education institution based on its 'Mission' as a leading female university in Pakistan aimed to produce graduates of high moral, ethical, and professional standards. I ensure to leave no stone unturned to achieve my goal of taking this institution to new heights.



•

University of Home Economics Lahore (UHE) is the second-largest public university in Lahore for women. Before attaining the status of a university in 2017, through University of Home Economics Act, the degrees offered in the College of Home Economics were B.Sc, M.Sc, M.Phil and Ph.D in Home Economics as an affiliated college of the University of the Punjab.

The administrative structure was established as required according to the UHE Act 2017 and radical steps have been taken by the founding Vice-Chancellor Prof. Dr. Kanwal Ameen.



The present report reflects these measures such as setting up the Office of the Registrar, Office of the Treasurer, and Office of the Controller of Examinations by the approval of the Chancellor to run the administrative and teaching affairs in the desired manner.



During the founding year (FY 2019-2020), the Vice-Chancellor faced four major challenges in transforming the institution from a college to a public sector university:



Major Challenges

- Financial management in the absence of any regular budget (2019-2020)
- Setting-up administrative offices
- Managing staff issues in the absence of service statutes
- Adding new academic and research programs in the portfolio to increase students enrollment.

The Vice-Chancellor and her team succeeded in setting up the administrative structure of the University within the first six months. Regarding future academic expansions, many rounds of meetings were held by the Vice-Chancellor with the existing faculty of Home Economics to extensively deliberate and take them on board. As a result, new programs were presented in the 1st Academic Council meeting which was held physically during the first, most risky COVID wave. The regular UHE faculty and staff could not be hired due to legal hindrances.



During the first fiscal year (2019-2020), the University did not get an annual budget due to technical hitches, neither as a college nor as a university. The University took immediate measures to generate funds, therefore college fee structure replaced with the university semester fee requirements. New BS programs closely related to the core subjects of Home Economics were approved to increase the number of students.

The regular UHE faculty and staff could not be hired due to legal hindrances. Visiting faculty and employees on a contract/temporary basis were hired with the approval of the competent bodies.



It is pertinent to mention that Higher Education Commission Pakistan gave recognition for one year without visiting the University due to COVID-19, acknowledging the developments made in such a short time.

In addition, a Quality Enhancement Cell and an Office of External Linkages was set up at the university to ensure quality education and to develop ties with national & international HEIs and professional bodies.

The administration will continue its efforts to build this historic institution in the coming years to meet its mission and aims. The University needs a lot of dedication from all its officials, faculty, and staff along with funds and support from the Government of Punjab to become a leading women's institution of higher education.

Additional Charge of Vice-Chancellor of Government College Women University, Faisalabad till the appointment of regular Vice-Chancellor Prof. Dr. Robina Farooq











To foster versatile growth of students through diversified learning based on teaching and research excellence to groom them as empowered independent thinkers, professionals, entrepreneurs, researchers, and compassionate individuals with a high sense of social responsibility, values, harmony, and culture.

To create an environment that keeps the faculty, researchers and students motivated to give their best in the transference, generation, and acquisition of knowledge and stay committed to serving the community without any kind of biases.







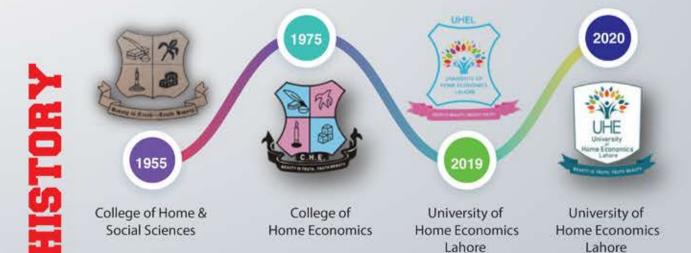
with the efforts of Begum Rana Liagat Ali Khan and the Education Department, Pakistan. Ford Foundation, USA also assisted by providing advisors and scholarships for teachers' training in the field of Home Economics in the United States. The college had a partnership with Oklahoma University, USA to assist in curricula development and teachers' training. From 1955 to 1960, the college offered B.Sc., M.Sc. and, B.Ed. and CT programs. All Pakistan Home Economics Association was registered in 1961. In 1968, the name was changed to College of

Home Economics (CHE). It was the premier institute in the center of Lahore for educating females in various life skills revolving around family and community. The MS and Ph.D. programs in Home Economics were launched in 2008 and 2010, respectively. However, these programs were ceased by the Higher Education Commission (HEC), Pakistan in 2018 as being offered in an affiliated college against HEC policy.

In 1955, the College of Home and Social Sciences was established as an affiliated college of the University of the Punjab

In 2017, the Government of Punjab upgraded the college into a university through the University of Home Economics Act 2017. Prof. Dr. Kanwal Ameen was appointed as the founding Vice-Chancellor on 31st May 2019.

Timeline of Name and Insignia



Irrespective of COVID-19 unprecedented situation during the inaugural year of the university, tireless and meticulous efforts were put in for laying a robust foundation of UHE Governance. Several committees, statutory bodies and various policies were formulated and notified.

Meetings of the Syndicate:

Soon after completion of the Syndicate, two meetings were held during 2019-2020.



1st Meeting of the Syndicate held on 6th November 2019



2nd Meeting of the Syndicate held on 18th February 2020

Finance and Planning Committee:

After the formulation of the Finance and Planning Committee, two meetings were held under the convenership of the Vice-Chancellor on 21st November 2019 and 18th March 2020.

Academic Council:

University's Academic Council was established as per the Act. The first meeting of the Council was held on 23rd April 2020, despite the first wave of COVID-19, to approve the new academic programs.









Formulation of the Statutory **Bodies and Committees:**



Academic Council

In the absence of university faculty, four HED faculty members including two Associate Professors, Dr. Nuzhar Firdous (Department of Human Development and Family Studies) and Dr. Samra Imran (Department of Food and Nutrition), and two Assistant Professors, Dr. Attiya Inam (Department of Human Development and Family Studies) and Dr. Asma Akmal (Department of Family and Consumer Sciences) were included in the UHE Academic Council.



Board of Advanced Studies and Research (BASR)

Dr. Kanwal Khalid (Associate Professor, Government College Gulberg), Dr. Muhammad Saleh Tahir (Secretary retd. Regulations Wing, S&GAD) and Prof. Dr. Kauser Abdulla Malik (Dean of Postgraduate Studies, Forman Christian College University) were approved as members of BASR.



Board of Studies

BoS were constituted for each academic discipline to develop the new curriculum for new programs.



Selection Board

Prof. Dr. Rukhsana Kausar (VC, Government College Women University, Sialkot) as the Syndicate member and Prof. Dr. Hassan Amir Shah (former VC, Government College University, Lahore) as an eminent scholar were approved by the Syndicate as the members of the UHE Selection Board.



Finance and Planning Committee (F&PC)

Mr. Hassan Waseem Afzal, as a member of the Syndicate was approved as an F&PC member.

Formulation of Search Committee

A Search Committee was constituted for hiring on statutory positions including Registrar, Controller of Examinations and Treasurer of the University.

Internal Scrutiny Committees

The procedure of hiring on BPS-17 and above was developed that includes the formulation of the Internal Scrutiny Committee. conducting written test/external evaluation of applications followed by interview through the selection board.

UHE Service Statutes

For interim arrangements, UHE initially adopted the service statutes of the University of Gujrat. Later, UHE developed its statutes by reviewing the service statutes of other universities. taking into consideration HEC requirements for certain positions, and foreseeing the scope and futuristic needs of UHE. All stakeholders were taken on board while the formulation of service statutes and within the first year, service statutes were forwarded to the Chancellor for final approval.

Temporary Appointments on Statutory & Administrative Posts

The hiring of university employees was contingent on the approval of UHE Service Statutes by the Chancellor. Hence, temporary arrangements were made immediately by giving additional duties to existing HED faculty for statutory and other administrative posts. Following faculty members were approved for the acting charge on the statutory posts.



Dr. Rafya Tahir Associate Professor of Fine Arts



Ms. Gulshan Bokhari, Professor of Chemistry



Ms. Saiida Nadeem



Creation of Faculty and Staff **Positions**

To fulfill university requirements, new faculty and staff positions (a total of 136) were created with the condition that recruitment and absorption in UHE service shall be made after approval of service statutes from the Chancellor.

Rules and Regulations for Research Degree Programs

The well-established rules and regulations of the University of the Punjab Doctoral Program Coordination Committee (DPCC) were approved to be adopted by the Academic Council for the research degree programs.

UHE Scholarships Policy

UHE Scholarships Policy was formulated with a 100% fee waiver for orphans. Under this policy, on-campus Teaching Assistant (TA) jobs may be offered to those students who would be on merit and willing to work as TAs.

Formulation of Various **Internal Committees**

Several committees were constituted and notified to ensure the University working in a systematic, transparent and productive manner taking all stakeholders on board in decision making for various policies.

- Admission Committee
- M.Phil./PhD Admission Committee
- Intermediate Coordination Committee
- Curriculum Committee
- Examinations & Semester Implementation Committee
- Scholarship & Financial Aid Committee
- 7. Part II Coordination Committee
- Student Advisory Committee
- Quality Enhancement Cell Committee
- Research Program Coordination Committee
- Purchase Maintenance & Tender Committee
- **Budget Committee**
- Consultancy Evaluation Committee
- Cafeteria & Refreshment Committee
- Hostel Committee
- Transport Committee
- **Probe Committee**
- Library Committee
- **Auction Committee**
- Grievance Redressal Committee
- 21. Prospectus Committee
- 22. Covid 19 Response Initiative Committee
- Appointment Committee for the Selection of Class Four Employees
- Appointment Committee for Data Entry Operators



Approval of UHE Financial Rules

The Financial Rules of UHE were approved in the first meeting of the Syndicate which helped in bringing clarity to all financial matters from the beginning of all university operations.

In FY 2019-2020, budget was not allocated to the university due to technical issues related to its transitions from a college to a university. Hence, urgently needed physical maintenance in the building, salaries to temporary staff, and visiting faculty were managed by the internal resources. Other measures were also taken to ensure the sustainability of its operations during the inception year, which coupled with unprecedented situations that emerged due to the pandemic. After rigorous follow-ups and pursuing multiple government offices, UHE succeeded in getting first grant of 100.00 million rupees as Seed Money in June 2020.

Prof. Dr. Kanwal Ameen envisions UHE as a self-reliant university and henceforth various academic activities were approved by the Syndicate. Furthermore, the approval for offering Diplomas, Workshops, Certificate Courses, and Replica Programs were granted to generate income with a distribution ratio of 60% to the relevant Department and 40% to the University.

The 65-year-old university building demanded immediate attention. The existing space of the university for academic activities remained under immense pressure. Due to the unavailability of funds, no new development project was started in FY 2019-2020. However, planning of uplifting the existing infrastructure was initiated and planned to be executed in FY 2020-2021.

The library, various labs, staff offices, meeting rooms, hostel kitchen, and building façade were on top priority for repair and uplifting.

The Cafeteria

A new cafeteria named 'Signature Cafeteria' was started after open tendering to provide affordable hygienic food in a refreshing ambiance to our students and staff. The Vice-Chancellor inaugurated the cafeteria in November 2019. The inauguration ceremony was also attended by anchors Mr. Mubashir Laugman, Mr. Mohsin Abbas, faculty members and students.













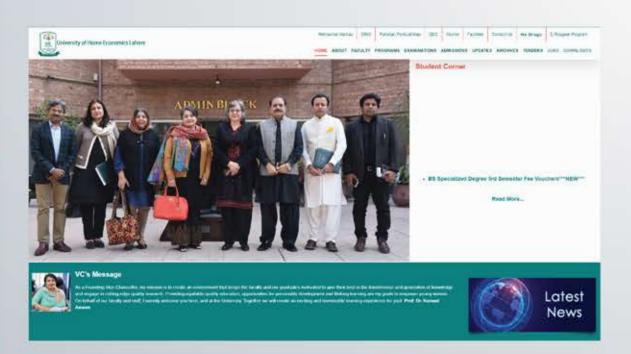


Initiative in IT & Digitisation

The institution lacked even the most basic IT infrastructure. It was extremely challenging to keep running the administrative functions and teaching during COVID-19. On emergency grounds, an IT strategy was developed and short-term consultancy services were hired by the University of Engineering and Technology, Lahore.

Website Development

In absence of a technical team, the Vice-Chancellor herself worked on redesigning of the College website following usability rules with the help of a web-master and launched it.



Expansion in Home Economics Programs

As an affiliated college of University of the Punjab, graduates and post-graduates degrees were offered in Home Economics with five core areas namely Food & Nutrition, Textile & Clothing, Art & Design, Human Development & Family Studies and Housing, Home Management & Interior Design. After becoming a university each area of specialization was converted in a specialized degree program.

This is the only university in Pakistan which is not only offering BS Home Economics, but also offering specialized degrees in all core areas of Home Economics. This gives it a unique status.

BS (Home Economics), a 6-Year degree program was offered after Matriculation whereas HEC had banned the 6-Year degree program in 2017 and asked all universities to cease it and split into 2-Year Intermediate in affiliation with the relevant Board of Intermediate & Secondary Education (BISE) followed by 4-Year BS Program in affiliation of a university. The Vice-Chancellor took immediate measures to follow that instruction and dealt with the issue of already admitted students in 2018 and 2019. The affiliation with the BISE, Lahore was obtained for issuance of certificate of intermediate.

The previous four years data of passed out graduates revealed that an average of 175 students would complete the 6-Year degree and about 400 admitted would leave the College either after intermediate (Part-I) or Bachelor (Part-II) level. Under this scenario, it was direly needed to add 4-Year programs in the portfolio of the University to have a reasonable number of students of undergraduate programs.

New BS & MS Programs

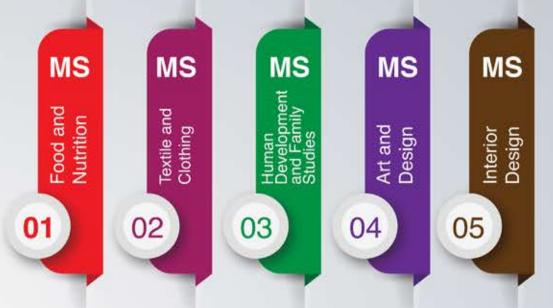
The Academic Council approved new undergraduate and post-graduate degree programs after extensive deliberations and evaluation of the compatibility of new programs.











On the direction of the Vice-Chancellor, compulsory courses of Entrepreneurship and Marketing, Computer & Information Literacy and Human Growth & Personality Development were included in all undergraduate Programs. The Academic Council appreciated for incorporating new curricula to meet the modern academic skills.

Furthermore, Semester Guidelines as per HEC policy, Scholarships Policy, Admission Policy, Medals and Certificate Award Policy for position holders were also approved for implementation.

Digitisation: Hybrid Admissions

The admission process was developed in a hybrid mode in the manner that students do not have to physically come to the University for getting and submitting admission forms and fee submission challans. These services were provided online in 2020.





CONYOCATION 2019

The 46th Annual Convocation was held in November 2019 which was pending for the last 4 years and degrees were conferred to students who graduated in 2016, 2017 and 2018. The Chancellor of the University, Governor Punjab, Chaudhary Muhammad Sarwar, and Chairman Punjab Higher Education Commission, Prof. Dr. Fazal Ahmad Khalid attended the convocation.

Degrees awarded



The Chancellor urged the graduates to use their professional skills in the development of Pakistan and pledge to enhance the country's prestige.



The Vice-Chancellor in her address said that the graduates of Home Economics University are our pride, and the role of university teachers in nurturing the talents of the students cannot be forgotten.

















The existing HED faculty and staff were required extensive training in multiple domains for performing university functions. The following series of workshops were conducted.

Dynamics of Qualitative Research Design and Data Analysis

28

Prof. Dr. Kanwal Ameen conducted a workshop along with co-expert Dr. Syeda Hina Batool, Assistant Professor, Department of Information Management, University of the Punjab, Lahore. The Chief Guest was Prof. Dr. Fazal Ahmad Khalid, Chairman of PHEC. He highly appreciated this activity in improving the research skills of faculty members (25th July 2019).







Digital & Information Literacy Workshop - I

Computer Science Department organized workshop on 'Digital & Information Literacy' for the faculty members. Mr. Sajid Zafar Dal, Special Secretary, Higher Education Department, Punjab was the chief guest.

The resource persons: Dr. Salman Bin Naeem, Assistant Professor, Islamia University Bahawalpur, Dr. Saira Haneef Soroya, Assistant Professor, University of Punjab, and Dr. Waqar Ahmad Awan, Lecturer, University of Sargodha. The content was based on 'Smart Searching Techniques for Scholarly Literature, E-books, and Dissertations (18th July 2019).





Getting Published in International Journals



The principal trainer of the workshop Prof. Dr. Kanwal Ameen shared information on how to get published in scholarly journals and how to turn a thesis into research papers. Dr. Muhammad Rafiq, Associate Professor, Institute of Information Management, University of the Punjab, being the editor Pakistan Journal of Information Management and Libraries (PJIML), provided valuable insight into Editor's perspective to publish a research article in a journal (17th October 2019).





Business Communication Skills

30

Prof. Dr. Kanwal Ameen as a resource person highlighted the importance of Business Communication and its techniques. Dr. Rafya Tahir, acting Registrar also shared her experience of official communication with the University staff and students (9th January 2020).







31

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Hamid A & Husain J. (2019) Effect of mung bean and red lentils dietary fiber (raw verses cooked) on the lipid profile of induced hypercholesterolemic rats. Pakistan Journal of Science. 71(3): 128-132



Akmal A, Laeeque B, Niazi N & Khaleeq-ur-Rahman M. (2019) Assessment of Acoustical Level in Healthcare Design: In Comparison with the standards of World Health Organization. Nurture 13(1): 1-10



Laeeque B, Akmal A, Masood Z, Chaudhary L & Jamil Z. (2019) Role of Retinol and Tocophero in Combating Smog Caused Illness among Young Woman. Pakistan Journal of Medicine and Dentistry. 8(4): 94-97



Malik N. (2019) Microbial Analysis of Drinking Water and Water Distribution System of Urban Lahore. Nurture. 13(1): 1-7



Abdullah F & Tahir R. (2019) Analysing British Ornamentation of High Court, Lahore. Journal of Research Society of Pakistan. 56(2): 541-546



Khalid F. (2020) عناصر اور اصول المجادي عناصر كي تاريخ، بنيادي عناصر اور اصول (2020). Epistemology: Journal of Islamic Studies. 7 (7): 62-80



Inam A. (2020) Teachers' Attitudes towards Inclusive Education. Journal of Inclusive Education. 4 (1): 179-194



Inam A. (2020) Status of Katchi Class in Relation to Early Childhood Education Policies and Practices in Punjab. Journal of Early Childhood Care and Education. 4(1): 165-182



Inam A. (2020) Children of Farming communities with autism; risk factors involved in their family functioning. Journal of Agricultural Research. 58(3): 215-219



Abdullah F & Tahir R. (2020) Ornamentation & British Era Lahore. Journal of the Punjab University Historical Society. 33(1): 117-124

Books:



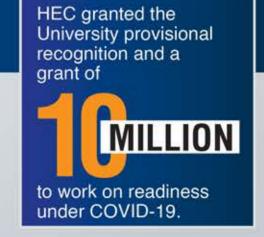
Farah Yaqqob. (2019) اسلام اور بوم اكنامكس . Darul-Siyaf Publisher, Lahore.



Farah Yaqqob. (2020) مناجات اسماء الحسنى (مقاله: اسمائے حسنى Aiwan-e-Urdu, Florida.

Dr. Asma Akmal, Assistant Professor, Department of Interior Design was given the additional charge of QEC Director. The QEC worked assiduously, under the directions of the Vice-Chancellor, to meet HEC criteria for the recognition process. In 2020, the university was ready for the first visit of the HEC team for accreditation, meanwhile the lockdown was imposed due to COVID-19.

The Vice-Chancellor herself prepared a case for the provisional accreditation to get the benefits of HEC initiatives on COVID matters. The request was endorsed by the offices of the HED and the Chancellor.





The University established the office of External Linkages in its founding year to ensure the development of ties and bilateral relationships with national and international HEIs and professional bodies. Dr. Nazma Malik, Assistant Professor, Department of Family and Consumer Sciences was given the charge of first Director of External Linkages. The following MoUs were signed.



Small and Medium Enterprises Development Authority (SMEDA)



UHE and SMEDA inked an MoU on 1st August, 2019. According to the MoU, SMEDA would provide technical assistance and support in designing systems and programs for promotion of entrepreneurial culture among students. SMEDA would also assist for creating linkages wit the industry for exchange of information and expertise.



Women Chamber of Commerce and Industry (WCCI)





MoU signed between UHE and WCCI Lahore Division on 27th September, 2019. Both parties agreed to collaborate for conducting industry-academia weeks and job fairs. WCCI and UHE would also share information on International Trade, International Quality Standards, Finance, Business Managament and Industry to encourage women towards entrepreneurship.



Bargad Society of Human Resources



UHE and Bargad Society of Human Resources signed an MoU on 27th September, 2019. Under this MoU, Bargad and UHE would collaborate in youth training and capacity building, youth engagement and participation, volunteerism, youth-led awareness campaigns, research and data collection, interships, market and civil society linkages for grooming and empowering youth enrolled at UHE within the framework of the Punjab Youth Policy 2012 and Sustainable Development Goals (SDGs).



Pakistan Nutrition and Dietetic Society

UHE signed an MOU with Pakistan Nutrition and Dietetic Society on 3rd October, 2019. Both parties would carry out activities for continuing development of nutritional professionals and academics regarding ongoing advancement in the field of Food & Nutrition.





College of Tourism and Hotel Management (COTHM)

UHE signed an MoU with COTHM on 8th October, 2019. The institutions agreed to work together to develop skills in various domains of health & food safety, cooking domestic, oriental, and continental cuisines and to provide exposure as part of professional trainings.





Lahore Arts Council





UHE inked an MoU with Lahore Arts Council on 6th December, 2019. Among the universities invited by Alhamra Art Centre, UHE is the first to sign the MoU. Both parties agreed to organise mutual artistic, cultural and literary activities and support each other in sharing of resources. Hence, under the MoU, UHE will organise different programs at Alhamra including music shows, conferences, plays and other cultural activities.



University of Baltistan, Skardu



UHE signed an MoU with University of Baltistan, Skardu on 4th January, 2020. Both HEIs agreed for students and academic/administrative staff exchange, joint research activities, exchange of publications, reports and other academic research materials and information.

Medical Camp

The Department of Human Development and Family Studies organized a medical camp to provide check-up facility to our students. It focused on the physical well-being of students and staff members. In collaboration with the University of Lahore, a team of specialists consisting of a physician, audiologists, physiotherapists, and speech therapists also visited the special children's school on this occasion (13th February 2020).



Pandemic Awareness Campaign

The University arranged a medical camp & awareness campaign on COVID-19 SOPs and precautionary measures to tackle it with psychological interventions. University helped to distribute free face-masks and sanitizers to the local community with the support of Department of Fashion & Textile Design and also provided financial support to vulnerable community during pandemic.

Distribution of Hand Gloves

The Department of Textile and Fashion Design manufactured polythene hand gloves. These gloves were distributed to mosques and community residents. Ms. Hina Rashid and Ms. Sunia Malik supervised this initiative (8th April 2020).



Illustration of Protective Clothing

The students of Textile and Fashion Design made an illustration of protective and stylish clothing for female students and working women. These illustrations were part of their research project under the supervision of Ms. Sidra, Ms. Rahima and Ms. Mugadas (7th May 2020).



Payment of Salaries to Daily Wagers

When the lockdown was announced in March 2020, there were 60 daily wagers at UHE. Considering the unusual circumstances and on empathetic grounds, the leadership of UHE continued the salaries of daily wagers and provided support to mitigate the situation of COVID-19.



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1) Grow Green and Clean Society

Grow Green and Clean Society was established to uplift the campus by adding more trees and monitoring the cleanliness. The following activities were conducted under this society:

Planting Campaign

Three weeks tree planting campaign, inaugurated by Mr. Misbah ul Hassan Dar, Director of Horticulture & Parks Authority was conducted. More than 150 trees were planted around the campus (20th August to 13th September 2019).





• Bagh-e-Irum

Grow Green and Clean Society in collaboration with the forest department and the Inner Wheel laid the foundation of *Bagh-e-Irum* with fruit trees being planted in the central garden of the campus (24th November 2019).









Kitchen Gardening Workshop

To promote a healthy lifestyle and to teach students about the importance of growing organic vegetables and plants, the workshop was conducted by the convenor of Grow Green and Clean Society, Mrs. Naheed Anwar and Chairman Research and Development Board of Agronomic Research Institute, Faisalabad, Mr. Sajid Iqbal Sandhu. Vegetables like carrots, cabbage, broccoli, tomatoes, onions, iceberg, lettuce and reddish were planted to lay the foundation of the first kitchen garden of the University. However, due to the pandemic, the kitchen garden did not survive without the needed care (9th December 2019).



Workshop on 'Fighting against hunger and food shortage during COVID-19'

Mrs. Naheed Anwar also organised a kitchen gardening workshop online by national and international experts to help the students manage food shortages during the pandemic (19th April 2020).





2 International Youth Day Celebration

A workshop was organized by OXFAM on 'Decent Work for Youth' in relation to the International Youth Day 2019. The Vice-Chancellor shared her thoughts on the importance of a conducive workplace environment. The Minister of Labour and HR was the chief guest of the workshop. He emphasized the great need for a decent workplace environment in Pakistan. Mr Muhammad Hassan Qazilbash, Country Director OXFAM gave an introduction to the efforts of the organization for youth economic empowerment. Mr. Razi Haider, representative of the International Labour Organization (ILO) in Pakistan discussed the progress of ILO under the National Action Plan (17th September 2019).















3 Poetry Competition

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The Department of English conducted a poetry competition in which students recited the poem Daffodils by William Wordsworth (26th September 2019).



4 Embroidery & Knitting Display

Prof. Dr. Kanwal Ameen inaugurated an Embroidery & Knitting Display organized by the Textiles and Clothing Department. Students made numerous items and unique patterns through embroidery and knitting (26th September 2019).







Department of Art and Design put up an exciting 'Bake Sale' event and presented their delicious creations aesthetically (30th September 2019).





Inauguration of the Punjab Youth Portal

UHE hosted an inauguration ceremony of the Punjab Youth Portal. Students from various institutions attended the event. Motivational speaker, Umair Jalianwala discussed various youth-related issues. Short documentaries, panel discussions and a skit were the highlights of the event in collaboration with the Youth Affairs, Sports, Archaeology & Tourism (YAS&T) Department and Bargad Organization (1st October 2019).







7 Breast Cancer Awareness Session



First Lady of Pakistan Begum Samina Arif Alvi was the chief guest of a session on Breast Cancer Awareness. Begum Parveen Sarwar wife of Governor of Punjab was a special guest at the event. Dr. Nabeela from Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore gave a talk on Breast Cancer. A large number of faculty and students attended the session (10th October 2019).









8 Oath Taking Ceremony of the Student Council

The Student Advisory Committee and Student Council organized an oath taking & badge-wearing ceremony for the council members. The Vice-Chancellor acknowledged the efforts of the advisory committee in training and grooming the council members for becoming role models as students (11th October 2019).









9 Shahdara Pottery Complex Visit



A visit to Shahdara Pottery Complex was organized by the Department of Art and Design for the students to teach them various techniques of pottery making (4th November 2019).





10) Participation in Residential Training Program

Girl guides of UHE participated in a 3-day residential training program arranged by the Pakistan Girl Guides Association in collaboration with the Association of Women for Awareness and Motivation (4th-6th November 2019).





11 Karate Workshop

Sports Department organized a 5-day Karate workshop. After four days of rigorous training, a final session was arranged under the supervision of the Pakistan Martial Arts Association. Mr Takahiru Tamura, counsellor of the Embassy of Japan was the guest of honor. The main purpose of this workshop was to inculcate confidence among students and to teach them to protect themselves from violence and bullying (4-8th November 2019).







12 Welcome Party

A glamorous and fun-filled gathering was organized by the Student Advisory Committee and Student Council to welcome 1st year students at UHE (12th November 2019).





13 Iqbal Day

51 Department of Urdu organized a ceremony to commemorate Iqbal Day in which students shed light on different aspects of Iqbal's philosophy and presented





14 Universal Children's Day

UHE Nursery School and Special Children's Centre under the umbrella of the Department of Human Development and Family Studies celebrated the Universal Children's Day and organized fun-based activities, games, a magic show, and food stalls (19th November 2019).









15 Anti-Drug Poster Display

Department of Art and Design organized a poster display in connection with the anti-drug campaign at the campus (13th December 2019).



Religious Harmony

To encourage religious harmony, Prof. Dr. Kanwal Ameen extended greetings on behalf of the university and staff to all the Christian workers and distributed a 'Christmas Bonus'. Christmas cake cutting ceremony along with lunch was organized for them (20th December 2019).











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Sports Gala

Prof. Dr. Kanwal Ameen inaugurated the first 4-day Sports Gala of UHE. Multiples races, aerobics, tug of war, and basketball dribbling display full of wonderful colors were the highlights of the event. Mrs. Parveen Sarwar was the chief guest of closing ceremony and awarded shields, medals, certificates & prizes to the winners of different sports competitions held during the four-day gala (17th - 20th December 2019).



















18 Bonfire

A fantastic fun-filled bonfire was organized by the UHE Student Advisory Committee and the Council which was attended by the Vice-Chancellor, faculty members & a large number of students. The singer Bilal Haider performed melodic tunes. Various food stalls with a wide range of delicious food options were available by the UHE Cafe (22nd January 2020).



19 Kashmir Day

Students and faculty members shared their heartfelt feelings for fellow Kashmiris at a seminar organized on the plight of Kashmir (5th February 2020).





20 Business Start-up and Management

Small and Medium Enterprise Development Authority (SMEDA) conducted seminar on 'Business Start-up and Management'. The speaker, Ms. Aneela Kareem had an interactive session with the students in this regard (21st February 2020).



21

Cooking Competition

Lahore News & Bake Parlour conducted a cooking competition at UHE and the Vice-Chancellor distributed prizes among the participants (26th February 2020).











Capacity Building of PakistaniWomen in STEM and Entrepreneurship Program

International speakers from USA Ms. Eileen Brewer and Ms. Cathy Simpson conducted this interactive workshop for the final year students regarding team building and running successful business (27th February 2020).







23 Women's Day Activities

Poster Competition on 'Women Empowerment'

Department of Art and Design organized a poster competition under the title 'Women Empowerment' as one of the events in the chain of multiple activities to commemorate Women's Day (6th March 2020).





Talk on Women Empowerment

Mrs. Night Jawwad, CEO of Food Tech Solutions (YUMZ) gave a talk on women empowerment through entrepreneurship (6th March 2020).







Students' Work at Alhamra Stall

A stall was set up at Alhamra Arts Council where projects on the theme of 'Women Empowerment' were displayed by UHE students (8th March 2020).



Qirat & Naat Competition

Department of Islamic Studies organized a spirituality-filled Naat & Qirat competition (9th March 2020).



24 Maj General Majoka Meets Students for an Open Session

An open session with students and faculty about security situation was held with Major General M. Yousaf Majoka GOC 11 Division Lahore in the University Auditorium. General Majoka encouraged students to ask about any thoughts they had on the subject and addressed all questions put by students and faculty. In the end, the souvenirs were exchanged between the esteemed guest General Majoka and the Vice Chancellor (13th March 2020).



25 Posters on How to Spend Time during Quarantine

COVID outbreak caused social distancing and self-isolation and many people faced stressful challenges such as fears of infection, long isolation, frustration & boredom. To face such stressful challenges, students of the Textiles and Fashion Design Department came up with ideas about how to spend time and relax during the lockdown. Students under the guidance of Ms. Huma Tariq and Ms. Sidra Magbool designed posters on how to make quarantine a quality time during this COVID outbreak (3rd June 2020).





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Achievements in Co-Curricular Activities

2 Chief Minister's Debates/Speech Competitions

62

1

Inter-University Competitions

UHE Students won 2nd prize in the category of 'Drama' in the Inter-University competitions held by Punjab Food Authority (PFA) for celebrating Independence Day. The judges praised the content of the play titled "Aaj Ka Pakistan". UHE Team included Arfa Shahbazu, Azka Zafar, Marukh Sohail, Nur Fatima, Amna Anwar, Noor Zahra, Minahil Asim and Sadia Nazir. Moreover, UHE students also participated in the categories of Calligraphy, Poster Competition, Painting, Urdu Debate, and Article Writing (9th August 2019).



UHE students bagged many positions at the 'Chief Minister's Debates & Speech Competitions'. At the district level, Javeria Shams Khan won 2nd Position in Urdu Debate and Zunaira Arshad secured 3rd Position in Urdu Speech (19th September 2019).



3

Sports: Winning Cricket and Basket Ball Matches

A cricket and a basketball match were held between the UHE and the Government College, Bahawalpur hosted by the UHE. Our Teams won both the matches (8th February 2020).





Departmental Seminars/Webinars

TITLE	ORGANIZER	RESOURCE PERSON	DATE	
Seerat-un-Nabi SWW	Department of Islamic Studies	Dr. Sami-Ullah Fraz	24.9.2019	
Autism, ADHD & Specific Learning Disorders	Department of Human Development and Family Studies	Ms. Rukhsana, Ms. Farah Amanat	25.9.2019	
Dengue Awareness & its Control Measure	Department of Science	Mr. Muhammad Umair Latif	25.9.2019	
Manzil	Department of English	Ms. Bina Goindi	3.10.2019	
Autism Awareness	Department of Human Development and Family Studies	Mr. Mansur Choudry	10.1.2020	
Optimizing Early Neonatal Nutrition, A Contrast in Evidence and Clinical Practice	Department Food and Nutrition	Dr. Zahra Khan	14.2.2020	
Self Esteem and Limiting Beliefs	Department of Human Development and Family Studies	Ms. Amna Ahmed	3.5.2020	

Departmental Workshops

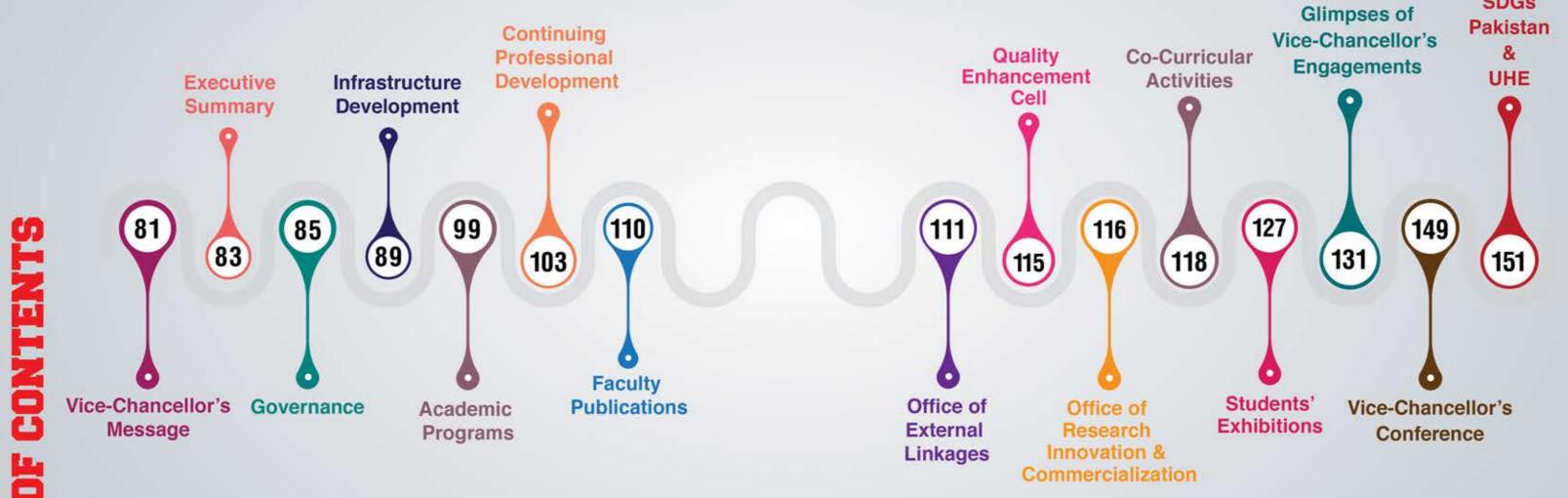
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TITLE	ORGANIZER	RESOURCE PERSON	DATE	
Aesthetics in Interior Designing	Department of Interior Design	Ms. Tayyaba Hussain	30.9.2019	
Self-Grooming & Etiquettes	Department of Art and Design	Dr. Atifa Usmani	10.10.2019	
Creative Process of Design Development	Department of Textiles and Fashion Design	Ms. Aimen Chugtai	18.10.2019	
Print Making Techniques	Department of Art and Design	Ms. Mahnoor khan	21.10, 2019 -15.11, 2019	
Shibori	Department of Textiles and Fashion Design	Ms. Aqsa Idrees	31.10.2019	
Batik	Department of Textiles and Fashion Design	Ms. Zainab Manzoor	14.11.2019	
Better Physical and Mental Health	Department of Human Development and Family Studies	Dr. Farhan Abdul Rauf	19.11.2019	
Colouring and Rendering Techniques	Department of Textiles and Fashion Design	Ms. Aimen Chugtai, Ms. Arooj Nida	25.11.2019	
Development of Research Board and Mood Board	Department of Textiles and Fashion Design	Mrs. Maham Raheel Malik	6.12.2019	
Communication Skills	Department of English	Ms. Anum Khan	21.1.2020	
Early Childhood Education	Department of Human Development and Family Studies	Experts from Hashoo Group Pvt. Ltd	28.2.2020	
Flower Arrangement	Department of Family and Consumer Sciences	Mrs. Nighat Masood	3.3.2020	



2nd Annual Report

July 2020 to June 2021



SDGs

I am very happy to share that the University of Home Economics Lahore has progressed in all dimensions during the second year with the support of my team, our esteemed members of various statutory bodies, and the higher authorities. The fundamental milestones were laid such as the approval of the Service Statutes by the Chancellor and Governor of Punjab followed by the approval of the UHE Recruitment Policy by the Syndicate. Soon after, we started the process of recruiting our faculty, administrative, and support staff. To meet the deficiency of the human resources, the administration expedited the hiring process following the rule of merit and transparency to take the best available human resources on board.

The University got its first annual budget for the year 2020-2021 from the Government of Punjab, however, no grant was awarded for the Planning & Development. This led the University to develop its human and infrastructural resources.





The Master Plan of the University was first time made by the experts after an extensive review of the premises and approved by the Syndicate to give a roadmap for future extensions on the limited space available.

The approval of a new high-rise academic block was granted by the Syndicate and the proposal was submitted to the higher authorities for the funding. We also got approved other expansions and will execute as per the availability of funds.

The University also made significant progress using digital technology to create a hybrid work environment related to students learning along with their record-keeping, streamlining financial management, examinations system, recruitments, etc.

We offered eight (8) BS programs for admissions but could start seven due to the non-availability of enough candidates and faculty. Adopting equity and fairness, UHE has opened its doors for shemale transgenders on open merit.

During the year, it was emphasized to promote research culture by motivating the faculty in this regard. It was good to see that the faculty got research papers published in HEC-recognized journals. They also organized webinars, seminars, and workshops on various important subjects.

I, myself, held a special orientation of the faculty about shifting from the annual system to the semester system and its rules & regulations. The Semester Implementation Committee was also formulated to deal with the matters.

To conclude, my team and I put our best efforts to progress on the track to transformation as a university. Much has been accomplished and yet a lot is there to look forward to achieving. I am not giving any account of the barriers, issues, and challenges encountered during the year, as those are part of the package in any setup. My approach has always been finding solutions, staying positive, and not letting the negative energies within and around influence my work.

I would like to extend my gratitude for all the cooperation of the offices of the Chief Minister, Chancellor, Pro-Chancellor, HEC, PHEC, HED, external worthy members on various bodies, my heads of the departments, conveners of all committees, faculty members, administrative and support staff for extending their support in every possible manner. All developments are indeed outcome of teamwork.



The University of Home Economics Lahore (UHE) has completed its two years and has achieved important milestones. As a public university, our primary aim is to provide the best quality education and research opportunities to women as well as to groom them as needed for our youth. The rendering of the quality is not possible without the desired measures in all directions including administrative structure, competent faculty, and well-equipped infrastructure. Under the profound leadership of Prof. Dr. Kanwal Ameen, the University has taken significant steps in this regard during its second year.

The Syndicate held three meetings from July 2020 to June 2021 and appreciated the Vice-Chancellor for progress made under the given circumstances and showed full confidence in her. Similarly, three Finance and Planning Committee meetings were held for the direly needed management of the financial matters.

The Vice-Chancellor was keenly interested in adding new academic programs and constituted Board of Studies in each faculty to recommend curriculum for the Academic Council. Two meetings of the Academic Council were held to approve the recommendations of the various Board of Studies.

The administration ensured that the affairs of the University are conducted in a legally desired manner to refrain from any malpractices. Therefore, the recruitment process got started after the approval of the Service Statues by the Governor of Punjab. For the appointment of statutory positions i.e., Registrar, Controller of Examinations, and Treasurer, a Search Committee was already constituted with the approval of the Syndicate.

It is commendable that the UHE has got the approval of a PC-1 to build the new Academic Block with the allocation of Rs 95 million for the first year. The multi-story block will create spaces for new programs, labs, theaters, and key offices. Other projects have also been submitted to the Government for the upcoming years. As approved by the Syndicate, the Master Plan will be used for the expansion.

UHE believes in students-oriented policies and decisions are made to provide the best possible environment for its students. In this regard, practical laboratories and research labs were direly needed. Hence, fully and partially renovated labs are ready for the students in various departments.

Despite limited financial resources, the administration ensured hygienic meals in the student dormitory rooms of the hostel, and the administration provided finances to totally renovate hostel kitchens and sanitary places.

It is important to mention, that the administration saved the future of its students who were enrolled in the 6-Year BS programs in 2018 and 2019 as an affiliated college with University of the Punjab. The Vice-Chancellor resolved the issues raised regarding their examinations during the lock-down period and held a meeting with the Vice-Chancellor and Controller of Examinations of the University of the Punjab. Special requests were sent to the Chairman BISE Lahore to get an intermediate equivalence for these batches. They were then admitted to the new HEC approved 4-Year BS Home Economics program. It created quite legal and financial implications which were handled and regularized by the administration through its Academic Council and the Syndicate.

Under the direction of the Vice-Chancellor, the series of faculty development workshops remain in practice during this year too. The Vice-Chancellor urged both the college cadre and UHE regular teachers stationed to play their role in research and publications. Students-focused activities such as webinars, seminars, workshops, and specific days events were organized throughout the year by various departments and committees. At the same time, the Quality Enhancement Cell with senior faculty deployed is working to raise the quality bar of the university. Nevertheless, the university was still not in the desired state to enter into international ranking.

The administration is working on the competitive areas to contribute to women empowerment on equal basis. The Vice-Chancellor has geared up the developments in line with the SDGs particularly SDGs 3, 4, 5, 6, 7, 8, 10 and 17.





Meetings of the Syndicate

Three meetings of the Syndicate were held during the second year. The Pro-Chancellor Raja Yassir Hamayun Sarfraz chaired all meetings of the syndicate.



3rd Meeting of the Syndicate held on 3rd July 2020



4th Meeting of the Syndicate held on 27th October 2020



5th Meeting of the Syndicate held on 13th April 2021

Finance and Planning Committee (F&PC)

The Vice-Chancellor chaired the F&PC meetings for proposal of the budget allocation to the Syndicate alongwith other finance related items. Three meetings of the F&PC were held dated 12th October 2020, 20th October 2020 and 29th March 2021.







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5th Meeting of the F&PC held on 29th March 2021





Academic Council

Two meetings of the Academic Council were held in FY 2020-2021. The Academic Council approved UHE Admission Policy, starting of new BS programs, establishment of the Lifelong Learning Skills Center, Center for Children with Special Needs, Women and Children Research Center, and the formation of different student societies. The Academic Council also approved the establishment of five new faculties.





2nd Meeting of the Academic Council held on 2nd October 2020





3rd Meeting of the Academic Council held on 11th March 2021

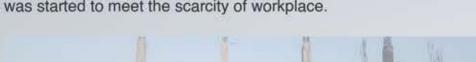
Service Statutes and Hiring

Before the approval of service statutes, the administrative posts were filled mainly by giving additional charges to HED staff and faculty. In March 2021, Service Statutes were approved by the Chancellor and soon after the hiring process was initiated. The first meeting of both the Search Committee and the Selection Committee was held in June 2021.



1 Administrative Secretariat

The construction of a new Admin Block in the area of 36000 sq. feet was started to meet the scarcity of workplace.















Vice Chancellor's Secretariat & Committee Room

The office of the Vice-Chancellor with a committee and staff room has been built for the Vice-Chancellor Secretariat .













3 Approval of Academic Block

A PC-1 for the construction of a multi-floor academic block was prepared by university's consultant and it got approved with a cost of Rs. 200 million for two years (FY 2021-23). It will provide classrooms, labs and other infrastructural facilities for educational and research purposes as per the standards of a university.





4 Renovation of Labs

To provide practical-based learning, the old labs in various departments are being renovated on a priority basis including the Art Lab & the Ceramics Lab at the Department of Art & Design, the Physics Lab at the Science Block, and the Culinary Lab at the Department of Food and Nutrition.



Culinary Lab at the Department of Food and Nutrition



Art Lab at the Department of Art & Design



The College had a hardly visible and accessible library set up on the 3rd floor of the Department of Family and Consumer Sciences. The Vice-Chancellor planned to shift main services on the ground floor. For that purpose, a redundant backside of the 'Auditorium' was identified to use as a three-floor library to provide easy access and a vibrant learning environment for the students and faculty. The construction and renovations will be completed soon to be functional in 2021.







6 Hostel Kitchens & Washrooms

The hostel kitchen and sanitary places are completely renovated. The sanitary places on campus for other students have also being reconstructed to make them usable.













7 Campus LAN Networking

UHE envisions having highly enabled technologies on-campus for the students. Hence, LAN networking is being installed for the creation of wi-fi-enabled internet services on campus.









8 Supply of Clean Water

The old and rusted water supply line of about 800 feet was replaced and to ensure the supply of clean drinking water a new filtration plant in collaboration with Sarwar Foundation and Al-Khair Foundation has been installed.





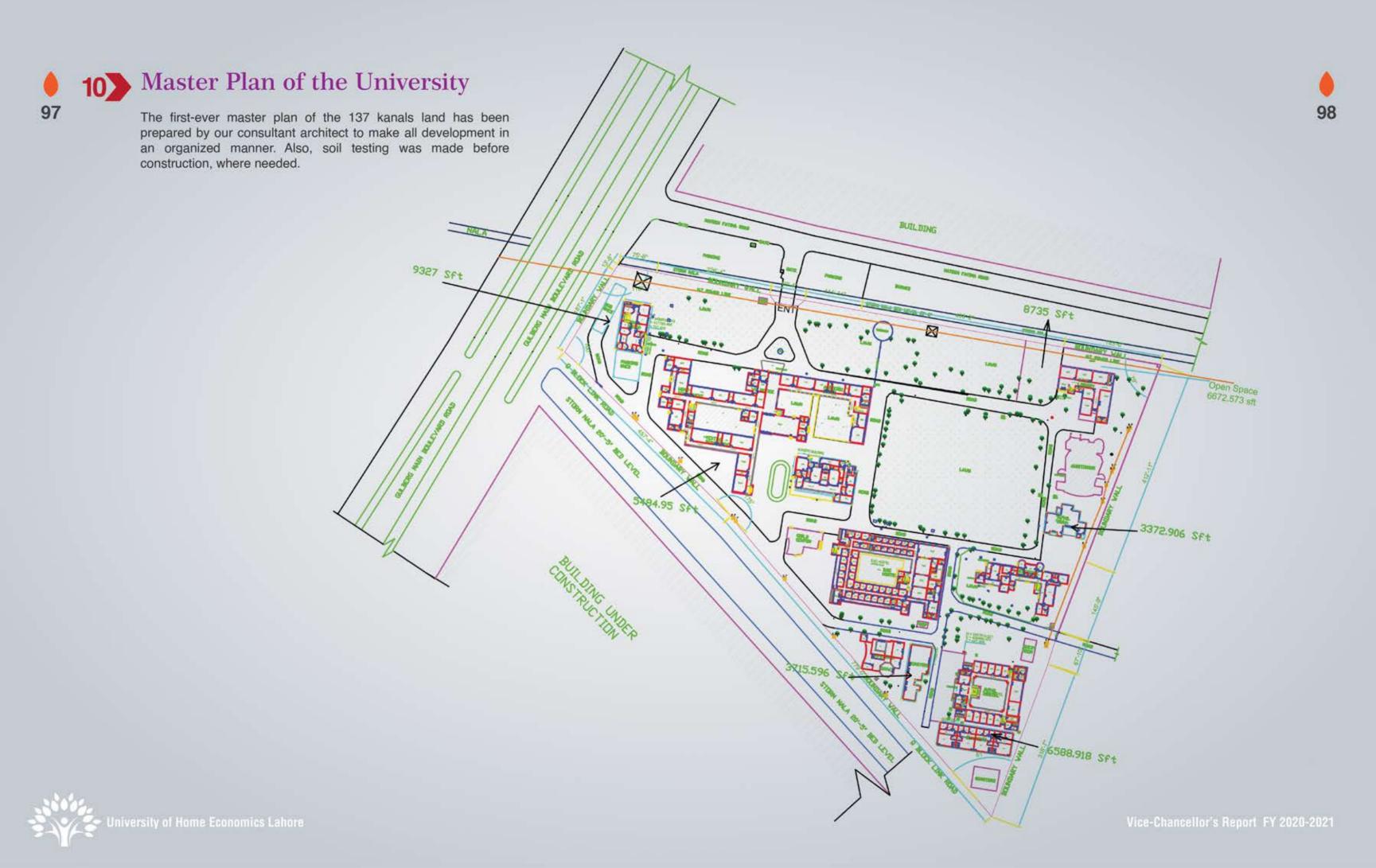


Transport Fleet

Two new buses and an AC coaster are procured following PPRA rules and regulations. With the addition of new buses in the transport fleet, 8 buses are now providing pick & drop facility to our students.







Launching of New BS Programs

We offered admissions in new 4-Year BS degree programs in addition to BS (Home Economics) along with a post-graduate diploma in Dietician.



The new market-driven degree programs are designed to provide a wider choice to students to opt for the course/program as per their interest. To meet 21st century competency, UHE also offers the following unique compulsory courses for all students: Entrepreneurship & Marketing, Computer & Information Literacy, Human Growth & Personality Development.

Further, to promote inclusive and equitable culture on campus, the University has opened its doors for shemale transgenders.

Resolved Issues of 6-year BS Home Economics admissions made after 2017



In 2017, HEC banned 6-Year degree programs and asked to split Intermediate but the College of Home Economics continued the previous practice and did not get affiliation with the Board of Intermediate and Secondary Education (BISE). Hence, in 2020, the issue of two such batches was brought to the relevant forums. This complicated matter was resolved by making the following decisions with the approvals of F&PC, Academic Council, and Syndicate:

- Issuance of 2-Year Certificate (Equivalent to Intermediate) to the batch of 2018.
- Offering a special fee package to the students who intended to continue their studies at UHE in the new HEC approved 4-Year BS Home Economics program.
- Approval of 10% additional quota in other BS Programs offered by UHE for the same internal students.

Establishment of 'College of Home Economics and Social Sciences'

The Syndicate approved the establishment of a College of Home Economics and Social Sciences (CHE&SS) for offering Intermediate and associated degree programs and appointed Dr. Attiya Inam as the first Principal.

Hybrid Processing of Admissions and Examinations

The old paper-based admission and fee payment process was replaced with an online system to download admission forms, display merit lists, online fee deposit slips and use of courier made for forms submission due to COVID-19. Similarly, examination prerequisites are now completed digitally.



Intermediate Prospectus 2020



BS Prospectus 2020





DFESSION

1 Digital and Information Literacy–II

Conducted by Ms. Nabila Salamat, Assistant Professor, Computer Science Department, UHE to equip faculty with the digital work environment (19th August 2020).











Digital Skills Development and Online Teaching-III

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Conducted by Ms. Nabila Salamat, Assistant Professor, Computer Science Department, UHE to train faculty on the Google Meet & Google Classroom for conducting online sessions (29th August 2020).









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3 Digital Skills-IV

Conducted by Dr. Saira Haneef Soroya, Assistant Professor, University of the Punjab to skill up UHE faculty with modern ways of teaching and learning (9th September 2020).







Procedures of Purchase & Procurement

Mr. Rao Sharif, UHE Financial Consultant gave training to faculty regarding various procedures of procurement and maintenance of departments (23rd December 2020).









Semester System Rules, Regulations and their Effective Implementation

Conducted by VC Prof. Dr. Kanwal Ameen and Dr. Aliya Arshad, Assistant Professor, University of the Punjab for the heads of all departments, teaching and non-teaching staff members dealing with the examination matters. The participants were educated about the management of student attendance record, re-sit and re-take examination policy, semester freezing policies, re-admission, probation policies, etc. (7th January 2021).













6 Art of Research

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Conducted by Dr. Ayesha Khalid, Assistant Professor, Department of Human Development and Family Studies, UHE about finding the research topic and formulating good research questions (26th February 2021).





7 Network Configuration and Troubleshooting of WLAN

UHE in collaboration with HUAWEI, General Traders Limited, and the University of Engineering & Technology, Lahore arranged a 5-day training on network configuration and troubleshooting of WLAN for the Information Technology Department (12-16th April 2021).













Departmental Assessment Report under the Semester System

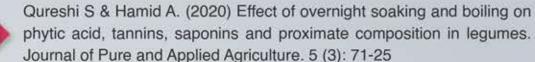


Prof. Dr. Muhmmad Saeed, Director QEC, University of the Punjab, Lahore trained head of departments on the HEC Semester Evaluation Criteria and preparation of Self-Assessment report and course files (27th April 2021).













Inam A. (2020) Implications of a child with Autism and Maternal Distress on the Psychological Adjustment of his Siblings. Nurture. 14 (1): 1-5



Inam A. (2020) Factors Predicting Social Anxiety among Middle School Children. Nurture.14 (1): 31-36



Akmal A, Laeeque B, Ahsan R, Fatima S. (2020) Views of urban and suburban residents of Lahore regarding the environment and its association with the reported frequency of common ailments. Nurture. 14 (1): 23-30.



Inam A. (2021) Development and Validation of a Scale to Assess School Factors Contributing to School Refusal Behavior. Pakistan Journal of Education. 38 (1): 1-16.



Inam A. (2021) Effect of Storytelling on Listening Skills and Vocabulary of Preschool Children. Journal of Early Childhood Care and Education. 4 (1): 165-182



Inam A. (2021) Self-Compassion and Empathy as Predictors of Happiness among Late Adolescents. Social Sciences. 10 (10): 380-385.



Inam A. (2021) Trait gratitude as predictor of psychological well-being among late adolescents in Lahore. Rawal Medical Journal. 46 (1):155-158.



Ahsan R & Akmal A. (2021) A Review on "Bamboo and its Blends as Biodegradable Fibers: An Eco-Friendly Perspective. Pakistan Journal of Social Science. 41 (1): 197-208



Akmal A, Laeeque B & Bakhtawar M. (2021) Economic Effects of COVID-19 on Tourism in Pakistan. Journal of Business and Tourism. 7(1): 13-22



Farooq S, Sabo CA & Azhar S. (2021) P Plastic Fiber Optics Embedded in Concrete (to study its Light Transmitting Properties) for Sustainable and Economical. Mehran University Research Journal of Engineering & Technology. 40(20): 399 – 414





Eight MoUs Signed

Dr. Nazma Malik, Associate Professor of Family and Consumer Sciences was given additional duty as Director of External Linkages to develop relationships with industry and local & foreign universities on a priority basis. A total of 8 MoUs were signed during FY 2020-2021 to strengthen professional linkages, the mutual share of resources, and to arrange exchange programs.

IdeaGist

MoU between UHE and IdeaGist was signed on 28th October, 2020. According to the MoU, IdeaGist would provide online entrepreneurship training to final-year students and support the business Incubation centre at UHE. IdeaGist would also find investment opportunities for innovative products developed by UHE faculty and students.

2) Primary and Secondary Healthcare Department

UHE and Primary & Secondary Healthcare Department Punjab signed an MoU on 1st December, 2020. The MoU intends to improve students' knowledge and understanding of health and nutrition; also to create awareness about public health issues, disease burden and mitigation.





Punjab Energy Efficiency and Conservation Agency (PEECA)

UHE inked an MOU with PEECA on 21st December, 2020. According to the MoU, PEECA shall provide overall facilitation for the project of solarization at UHE.





Technical Education and Vocational Training Authority (TEVTA)

UHE signed an MoU with TEVTA on 2nd February, 2021. Both parties agreed on promoting textile and ceramic art in commercial hubs in and outside Pakistan. Moreover, collaboration shall be extended in the introduction and development of curricula for emerging techniques, in line with market demands.





Vice-Chancellor's Report FY 2020-2021

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5 Rainbow Obesity and Eating Disorder Centre, Lahore

MoU between Rainbow Obesity and Eating Disorder Centre, Lahore and UHE was signed on 19th March, 2021. According to the MoU, joint seminars, workshops, and certification courses shall be offered to gain insights into the knowledge and practice of Nutrition.



Elite Testing Services (ETS)

UHE and ETS signed an MoU on 7th May, 2021. ETS shall provide support for conducting tests for UHE admissions and employees recruitment.

7 eSpades Pvt. Limited

MoU between eSpades Pvt. Limited and UHE was signed on 4th June, 2021. Areas of cooperation between the parties include e-commerce training programs, skill development, outcome-based learning, and exchange of resources.





Khawaja Fareed University of Engineering and Information Technology, Rahim Yar Khan

UHE signed an MOU with Khawaja Fareed University of Engineering and Information Technology, Rahim Yar Khan on 8th June, 2021. Both institutions would organise Joint conferences, seminars, and workshops in the field of food sciences and technology.







QEC worked under the additional duty charge given to Dr. Asma Akmal, Associate Professor, Department of Interior Design. The relevant HEC parameters are being followed for departmental assessment in the university. The departmental assessment report is submitted after every semester to QEC and QEC assessment team verifies it. **HEC Visited UHE**

> HEC Accreditation/Inspection Committee visited the University on 17th September 2020 to ascertain the available academic facilities.





This office is established to liaison with the job market and chalk out innovative approaches for the commercialization of students' projects. Dr. Asma Bilal, Associate Professor, Department of Food and Nutrition and Dr. Ayesha Khalid, Assistant Professor, Department of Human Development and Family Studies were given the additional duties as Director and Deputy Director ORIC, respectively who attended many meetings and workshops to kick-start this initiative.

Entrepreneurial Environment for Women in Pakistan

ORIC in collaboration with the National Bank of Pakistan (NBP) hosted the seminar. Divisional Head (Inclusion, Innovation & Capacity Building Division NBP), Ms. Naushaba Shehzad, shared her valuable ideas about the business start-ups and their management from scratch to execution. President Women's Chamber of Commerce (WCCI), Mrs. Rukhsana Zafar, highlighted the challenges faced by women entrepreneurs in Pakistan. Senior Vice President NBP, Mr. Shoaib Qaisarani enumerated the access to finance options, such as Kamyab Jawan Program. Three budding women entrepreneurs Ms. Nida Jaffri, CEO Nashty Waly, Dr. Ayesha Khalid, co-owner of Rouge Beauty Salon, and Ms. Shafq, owner of a beauty salon also shared their personal experiences. The Vice-Chancellor highlighted the gaps between financial assistance and the need for start-ups. She explained how young women could contribute and create valueable impact in the society.





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Religious Harmony

Christmas cake cutting ceremony along with lunch held for Christian staff in which special allowances and gifts were distributed (22nd December 2020).







Kashmir Day

Islamiat and Pakistan Studies Department organized a walk to show solidarity with Kashmiris and their fundamental human rights. On this occasion, VC Prof. Dr. Kanwal Ameen emphasized that we are committed to seeking a just and peaceful settlement of the Kashmir dispute in accordance with the aspirations of the people of Jammu and Kashmir (5th February 2021).







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Field Visit

A field visit to the Nishat Mills was arranged for the students of Textile Design to see the Concept and Product Design Department, Dyeing and Printing Units, and to get familiar with the processes involved at the industrial level (21st February 2021).







2nd Position in Mural Competition

UHE students from the Class of 2022, Laiba Hajra, Zainab Shahid, Zarish Ghauri, Rubab Rizwan won second prize in the mural competition on 'the theme 'Beautification of Lahore' organised by PHA Lahore to celebrate Jashn-e-baharan (10th March 2021).







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Attended Photograph Exhibition

Home Economics final-year students of the Department of Art and Design attended the inauguration ceremony of the "Photograph Exhibition of Prominent Women in the Field of Art and Culture" organized by the Lahore Art Council at Alhamra (8th March 2021).









Bake Sale Week

A Bake Sale week was held at the campus and students put up a great effort to share the delights of scrumptious food items (8-12th March 2021).









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Women's Day Celebration

To celebrate Women's Day, a talk was delivered by UHE alumni Ms. Saira Qazi Dar and Ms. Zeeshan Zia Raja who aspired students by narrating how they carved their niche in professional careers. The Vice-Chancellor while addressing the event said that women are free to express their opinions but it should be done in a cultured and civilized way. The students presented the concept of feminism, culture, norms, and values through a skit (10th March 2021).





World Autism Day

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The blue lights were displayed at UHE on World Autism Day (2nd April 2021).



International Book Day

A webinar was hosted on "Virtues of Reading" in connection with International Book Day organised by Dr. Attiya Inam and Ms. Sajida Parveen, Senior Librarian. Distinguished speakers included Prof. Dr. Kanwal Ameen, Poet Mr. Amjad Islam Amjad, Dean Faculty of Economics, University of the Punjab, Prof. Dr. Khalid Mahmood, Head of Art & Design Department, UHE Dr. Atifa Usmani (23rd April 2021).







Thematic Poster Competition

A poster competition based on 3 themes, a) Global Warming, b) Health and Well-being, and c) Water Conservation was organised by the Department of Human Development and Family Studies. Dr. Atifa Usmani & Ms. Sadia Moazzam (Department of Art and Design) Dr. Nazma Malik (Department of Family & Consumer Sciences) were among the judges (22nd June 2021).



Establishment of Corona Vaccination Centre

A Corona Vaccination Centre was established at UHE for students, employees, and their families, with the collaboration of District Administration Lahore, inaugurated by the Vice-Chancellor and Deputy Commissioner Lahore, Mr. Mudassar Riaz (21st June 2021).









Art Salon

A two-day art gala showcasing the work of the final year students from the Department of Art and Design was held at UHE. Appreciating the creativity of the students, the Vice-Chancellor said. "We have seen some exceptional artwork in the past two days, which shows the creative powers of our students. UHE aims to further sharpen the skills of such talented artists by providing them ample opportunities and platforms for their growth".

The Vice-Chanellor instructed the head buying students work for our university and presenting to the distinguished guests.

Mr. Umer Saleem, Chairman Industry-Academia Linkages FPCCI was the guest of honor. Renowned artists and academics visited the art gala including Mrs. Saira Dar (artist and art critic), Ms. Shafaq Habib (Jewellery Designer), Mr. Jameel Hussain (Graphic Designer, Ceramic Artist), Ms. Nimra Haroon (Architect, Interior Designer), Mr. Irfan Kiani (Musicologist, Producer, Multi-instrumentalist), Ms. Sabiha Saheen (Executive Director Bargad), Dr. Iqbal Chawla (Former Dean Faculty of Arts and Humanities, University of the Punjab, Lahore), Ms. Farjud Elia (Assistant Professor of Graphic Design University of the Punjab, Lahore) and other (12-16th December 2020).









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Renovation Project Display

BS (Home Economics) final-year students displayed their work based on 'renovative, decorative and commercial furniture pieces' for interior designing. The students created functionally and aesthetically appealing furniture pieces. The Vice-Chancellor visited the exhibition and appreciated the work of the students. (27th November 2020).





Students' Seminars/Webinars



Title	Organiser	Resource Person	Date
Seerat-un-Nabi (S.A.W).	Department of Islamic Studies	Prof. Zahida Hammad and Prof. Ghazala Tazeen	13.11.2020
Creative Thinking and Design	Department of Textile and Fashion Design	Mr. Hashim Ali Choudhry	25.2.2021
Pursuit of Happiness	Department of Human Development and Family Studies	Lt. Col. (Retd) Amjad Abdul Karim Randhawa	12.3.2021
Goals of Human Development	Department of Human Development & Family Studies	Mr. Bilal Awan	25.4.2021
Assertiveness and Boundaries	Department of Human Development & Family Studies	Ms. Munira Ahmed	26.4.2021
Awareness through Design	Department of Family and Consumer Sciences	Ms. Sahar Saqlain	29.4.2021
Parent-Child Relationship	Department of Human Development and Family Studies	Ms. Yasmin Khatri	6.5.2021
Food & Nutrition and Home Economics: A Global Perspective	Department of Food & Nutrition	Dr. Safdar Sohail, Dr. Sandra Voorham and Dr. Chyerl Sonter	23.5.2021
Textile Design: The Art and The Industry	Department of Art and Design	Ms. Zainab Khalid	27.5.2021
Fashion entrepreneur, starting your own fashion business	Department of Textiles and Fashion Design	Mr. Hashim Ali, Ms. Natasha Zubair, Ms. Taughisa Mumtaz and Ms. Amna Ali	7.6.2021
E-commerce Platform and its Different Business Models	Department of Family and Consumer Sciences	Mr. Rana Faheem, Mr. Asif Shahzad	10.6.2021
Branding in the Digital Age	Department of Textiles and Fashion Design	Mr. Yousuf Ali Choudhry and Ms. Myra Shah	7.6.2021

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Meetings with External Delegations/Officials

1

The National Lobbying Delegation for Minority Rights, a group composed of several minority members, had a meeting with the Vice-Chancellor and discussed the matters of inclusiveness and religious harmony (19th August 2020).



A delegation of senior journalists and media persons had a meeting with Prof. Dr. Kanwal Ameen. They were apprised of the landmark initiatives taken for the promotion of higher education learning, research innovations, capacity building of faculty members, and administrative reforms (30th September 2020).



Country Director Norwegian Church Aid (NCA), Ms. Anne Masterson met VC Prof. Dr. Kanwal Ameen alongwith the officials from Bargad organization. Ms. Masterson showed her interest in mutually working in the field of Education, Human Development and Human Rights (21st October 2020).



Meeting with the US Consulate Lahore on Developing Women Leadership (15th December 2020).



Met Minister for Higher Education Punjab, Mr. Raja Yasir Humayun, in his office and gave a briefing on the ongoing development projects and new degree programs (5th January 2021)



The Vice-Chancellor called upon the Director, Directorate Women Development, Ms. Sajeela Naveed and discussed collaborating for educational and awareness sessions on women empowerment (13th January 2021).



7

Met with the Secretary of the Higher Education Department, Mr. Nadeem Mahbub to talk about the future needs and plans of UHE (17th February 2021).





Had a meeting with Federal Minister for Education, Mr. Shafqat Mahmood to share her feedback on National Education Policy 2021 (21st February 2021).





9

Qasim Ali Shah visited the Vice-Chancellor and discussed future collaboration between UHE and Qasim Ali Shah Foundation for youth-related activities (2nd March 2021).



10

Lt. Col. (retd) Karim Randhawa met with Prof. Dr. Kanwal Ameen and presented his book 'Arfa Karim' (12th March 2021).



Met Minister for Higher Education Punjab, Mr. Raja Yasir Humayun, in his office and discussed ongoing & future development projects (3rd June 2021).



12

Visited Chairman, PHEC to present him a group photo and the report on Vice-Chancellor's Conference organised by UHE (3rd June 2021).





13

Had a meeting with a Korean delegation to explore opportunities for collaboration with the Korean universities. The meeting was chaired by the Minister for Higher Education of Punjab, Mr. Raja Yasir Humayun Sarfraz (8th June 2021).



Invited Speaker

136

0

Participated as a panelist in a virtual session on "Chai Wai Cultural Salon event" organised by the International and Area Studies Library and Mortenson Center for International Library Programs (15th September 2020).



0

Participated in the HEC-British Council Conference (12th December 2020).







Participated as a panelist in a virtual session on "Knowledge, Skill & Behaviour Development" organized by the Home Economics Society, Lahore College for Women University, Lahore (18th February 2021).

Chaired the concluding session of '1st International Conference on

Social Work' held by the Department of Social Work, University of

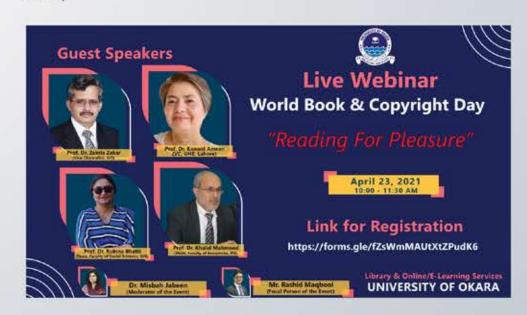
the Punjab, Lahore (3rd February 2021).

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Guest speaker at the webinar 'World Book & Copyright Day -Reading for Pleasure' organised by the University of Okara (23rd April 2021).





Participated as a panelist discussing how life-skills based education can impart a role in the transformation of youth into empowered citizens of Pakistan organised by NUR Centre for Research and Policy, Lahore (2nd June 2021).



8

Attended the launching event of the Women's Peace Council in Punjab (16th June 2021).

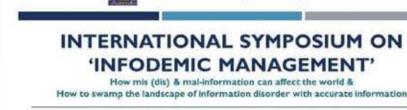




Keynote speaker at the online symposium 'International Symposium on Infodemic Management' organised by the Department of Library and Information Sciences, Islamia University of Bahawalpur (25-26th June 2021).

The Islamia University of Bahawalpur Pakistan





JUNE 25-26, 2021 FRIDAY-SATURDAY (10:00 AM TO 2:00 PM PST)

JOIN US USING ZOOM ID: 865 5265 8829 PASSCODE: 171763

KEYNOTE SPEAKERS



Prof. Dr. Kanwal Ameen

Vice-Chancellor at the University of Home Economics, Lahore. Former Professor and Chairperson at the Department of Information Management, University of the Punjab, Lahore.



Prof. Dr. Khalid Mahmood
Professor of Information Management
Director at the Institute of Information Management,
University of the Punjab. Lahore.



Prof. Dr. Shahid Soroya Vice-Chancellor at the Lahore Leads University Former Pro Vice-Chancellor of Minhaj University, Lahore, & Director General at the Punjab Higher Education Commission.

ORGANIZED BY: DEPARTMENT OF LIBRARY & INFORMATION SCIENCE
Email. library.science@iub.edu.pk











الا الاربي و فير والكو كول التان دوار عد" جال" كواكر و يوساد ي إلى

علاك على في 10 كل 2019. كو عيده

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المجر المحل المول المن

An interview for the newspaper 'Roznama Jinnah' on the progress of various UHE matters (29th January 2021).

http://dailyjinnah.com/epaper/page.php?id=8&edition=lahore&dt=29-01-2021



وال بالنزي ق وجان عرف العالمات معياري في م ب عبد ال كالم التي الم الم الم الم الم الم الم الم الله الم الله ال ويت الم التي مراكب كالروائد . بط کر بچکے گا۔ ان بی بعد ان کو بیا کنٹان کی ایک معیادی مجانبہ کر ان سائے کے شک شدہ مام جاری ہے۔ بی بیون کی کی تھیر در تی کے ملک میں مان انتقادی علم انداز اس کا درکی تھے۔ الكركفل اعلى عيكماك بيدا عدست بتكريدوا كاكس کی لیس کے بارے شرکی کا لیے ہے کہ بھال طالب کا کا استداد کی میں ان الباد کا میں ان کا الباد کا ہے۔ تکل بین کا ا ك بادجود دارى الكاميري ازم بادرملسل العصي بو در ساكل در دو المواقع في هوالبات الرقيل وي بي والمواقع في الكواق كان المواقع وي المواقع في مواقع في م مابرقدا ياب والاقراص الكراوارول عمركام كردى وي

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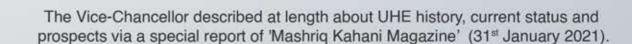
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Interviewed by 'Roznama Pakistan' in which the Vice-Chancellor breifed about the various academic and administrative developments at UHE (7th February 2021).

https://dailypakistan.com.pk/E-Paper/Zindagi/2021-02-07/page-11



An interview on the transformation of the College of Home Economics into a university. on the program 'Lahore Rang Special' of the TV channel 'Lahore Rang' (21st March 2021).

https://www.youtube.com/watch?v=Ps0oJO9UX0E





Talked about UHE and higher education in an interview on Radio Pakistan (4th June, 2021)





Prof. Dr. Kanwal Ameen shared various academic and administrative matters of UHE in an interview conducted by Jang Newspaper (10th June 2021).

https://archive.jang.com.pk/06-10-2021/Lahore/page11.asp



Education is the most powerful weapon which you can use to change the world: Prof Dr Kanwal Ameen



Vice-Chancellor shared existing developments and futuristic plans of the University while being interviewed by 'The Business' (23rd June 2021).

https://thebusiness.com.pk/daily-the-business-e-paper-23-06-2021/



Scholarly Work

Newspaper Article (2)



Research Publications (11)

Authored and Co-Authored

Journal Editorial (1)

International Insights

Kanwal Ameen, Clara M. Chu, Spencer Lilley, Ana Ndumu, and Jaya Raju

Multiple ways of knowing

Global perspectives on academic libraries re-imagining systems of knowledge

PhD Produced (1)

Waqar Ahmad Awan. Information Encountering, Keeping, and Sharing Behaviour of Researchers in Online Environment.

M.Phil Produced (2)

Sajda, G.M. Pre and Post Arrival Information Seeking Behaviour of International Students Enrolled at Pakistani Universities.

Shahbaz Ali. Impact of Information Literacy Skills of Mathematics Faculty Members on their Research Productivity.



Education Policy 2021: a few fundamentals to ponder upon. Express Tribune, 16th March, 2021.

https://tribune.com.pk/story/2289577/education-policy-2021-a-few-fundamentals-to-ponder-upon



Challenges of Knowledge Economy. The NEWS, 23rd August, 2020.

https://www.thenews.com.pk/tns/detail/704314-challenges-of-knowledge-economy



Vice-Chancellors' Conference on Equity and Inclusion of Marginalized Communities in Higher Education: Opportunities and Challenges

UHE in collaboration with Bargad held the Vice Chancellors' Conference on Equity and Inclusion of Marginalized Communities in Higher Education. The conference was attended by the Provincial Minister of Human Rights and Minorities Affairs, Mr. Ejaz Alam Augustine, Vice-Chancellors of the public sector universities and youth from marginalized communities including minorities, differently-abled persons and transgenders. The minister Mr. Ejaz Alam Augustine highlighted inculcating mutual respect, ethical behaviours and manners among youth. Prof. Dr. Kanwal Ameen emphasized the need of nurturing an inclusive social and cultural environment on campuses to provide equal opportunities for quality education to marginalized communities. The representatives from marginalised communities shared the challenges they faced during higher education. Transgender Ms. Maya Zaman shared how difficult it was for her to emotionally survive during education. Prof. Dr. Fazal Ahmad Khalid, Chairman, PHEC, assured that the commission would work through the recommendations of the Vice-Chancellors' Conference. A complete report was published and shared with the concerned officials and vice-chancellors.













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GOOD HEALTH AND WELL-BEING

- Established Corona Vaccination Centre at the campus for students, staff and their families
- MoU signed with the Primary and Secondary Healthcare Department, Government of Punjab for students' awareness regarding health and well-being and to mitigate COVID-19 spread



QUALITY EDUCATION

- To provide quality education and life-long learning opportunities, conducting capacity building workshops for faculty and administrative staff is a regular feature
- Strengthened the Quality Enhancement Cell (QEC) for ensuring evaluation and assessment of all degree programs
- Worked on LAN networking to strengthen the digital paradigm on-campus for the students and faculty
- Old labs were renovated in all academic departments to ensure the provision of better practical knowledge



GENDER EQUALITY

- The first women university to offer admissions on open merit to 'Shemale Transgenders' in all degree programs
- To empower girls for entrepreneurship and increase employability prospects in the job market, a series of seminars were conducted through national and foreign resource persons on multiple topics including 'Entrepreneurial environment for women in Pakistan', 'E-Commerce platform and its different business models', 'Fashion entrepreneur - Starting your own fashion business' etc.



CLEAN WATER AND SANITATION

To ensure the supply of clean drinking water, the old and rusted water supply line of about 800 feet was replaced. Also, the redundant water filtration plant was restored with the all-needed new system

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Hostel kitchens and sanitary places were renovated to provide safe and healthy facilities to girls coming from diverse backgrounds and rural areas



AFFORDABLE AND CLEAN ENERGY

Initiated Green Energy Project for solarisation by signing an MoU with 'Punjab Energy Efficiency and Conservation Agency (PEECA)'



DECENT WORK AND ECONOMIC GROWTH

To overcome the serious shortage of workspaces on the campus, the construction of 'Administration Block' has been started. Also, the Vice-Chancellor's secretariat has been completed with infrastructure for virtual and on-site meetings for smooth functioning of academic and administrative matters



REDUCED INEQUALITIES

- 1st Vice Chancellors' Conference on 'Equity and Inclusion of Marginalized Communities in Higher Education: Opportunities and Challenges was organised to nurture an inclusive social and cultural environment in universities and to provide equal opportunities for quality education to marginalized communities
- Offered need-based scholarships to deserving students to ensure continuation of their studies



PARTNERSHIPS FOR THE GOALS

- To develop local and foreign partnerships, the External Linkages office built contacts through signing MoUs with national HEIs
- The meetings were held with officials of international bodies including Norwegian Church Aid and a Korean delegation



Under the supervision of the

Vice Chancellor Prof. Dr. Kanwal Ameen

Content and Data Collection

Jawaria Irfan

Content Reviewers

Dr. Rafya Tahir, Dr. Muhammad Akmal Soomro, Ms. Sheeba Farhan

Cover Design

SML Design Company, Los Angeles, USA

Creative Designing

Ahmed Faraz



UNIVERSITY OF HOME ECONOMICS LAHORE

Dr. Mateen Fatima Road, Block H. Gulberg 2, Lahore, Punjab, Pakistan

1 HomeEconomicsIhrofficial UHE_Lahore 2 @LahoreUhe





info@uhe.edu.pk
www.uhe.edu.pk

